Are you interested in a wise investment? Consider the youth, ages 9 to 19, in your county. You can share your knowledge and skills to help develop their potential.

We need YOU as a 4-H resource person. Check the level at which you would be willing to help.

- Local 4-H club
- County wide
- Both of above

Listed below are the 4-H projects and activities in which youth and adults are enrolled within the county 4-H program. Please check one or more project areas that you would be willing to help with as a resource person when a 4-H volunteer contacts you.

Name ______________________________________________________
Address ____________________________________________________
Phone Number ________________________

Arkansas 4-H Projects*

**Strengthening Families**
- Child Development

**Extending Resources**
- Clothing
- Consumer Education
- Home Environment

**Enhance Health and Well-Being**
- Breads
- Dairy Foods
- Foods and Nutrition/EFNEP
- Food Preservation
- Health
- Safety
- Bicycle

**Encourage Individual Development**
- Citizenship/Community Issues

**Personal Development and Leadership**
- Leadership
- Fitness Leadership
Arkansas 4-H Projects* (cont.)

Communications and Expressive Arts

- Arts and Humanities
- Photography
- Public Speaking

Utilizing Science and Technology

- Computer Science
- Energy Management
- Entomology
- Plant and Soil Science
- Veterinary Science
- Wood Science

Valuing Agriculture

- Beef
- Pet Care
- Gardening
- Horse Science
- Landscaping
- Poultry
- Sheep
- Soybeans
- Swine
- Cotton
- Dairy Science

Activities and Other Interests

- Camping
- 4-H Tours
- Clerical
- Reports
- Assist at Fairs
- Fund Raising
- Program Planning
- Registration
- Other

Protecting the Environment

- Environmental Stewardship
- Forestry

What time would you be available to help?

- afternoons
- nights
- Saturdays
- weekends

How many days in advance should a 4-H leader or member contact you for help? _______________________________

Comments: _______________________________________________________________________________________________

*For a complete listing of 4-H project books, contact your county Extension office.

Developed by Ann Brown, county Extension agent - staff chairman, and a group of Searcy County 4-H volunteers. Updated by Diane F. Jones, Ed.D., retired family and consumer sciences specialist.