Targeting Life Skills Model

HEART
Caring
- Enthusiasm
- Sharing
- Nurturing
- Relationships
- Community Service
- Volunteering
- Leadership
- Responsible Citizenship
- Contributions to Group Effort
- Marketable Skills
- Teamwork
- Self-motivation
- Self-esteem
- Self-responsibility
- Character
- Managing Feelings
- Self-discipline
- Healthy Lifestyle Choices
- Disease Prevention
- Personal Safety
- Learning to Live
- Decision Making
- Problem Solving
- Critical Thinking
- Service Learning
- Planning/Organizing
- Goal Setting
- Wise Use of Resources
- Keeping Records
- Resiliency
- Communication
- Cooperation
- Social Skills
- Conflict Resolution
- Accepting Differences
- Concern for Others

HANDS
Working
- Community Service
- Volunteering
- Leadership
- Responsible Citizenship
- Contributions to Group Effort
- Marketable Skills
- Teamwork
- Self-motivation
- Self-esteem
- Self-responsibility
- Character
- Managing Feelings
- Self-discipline
- Healthy Lifestyle Choices
- Disease Prevention
- Personal Safety
- Learning to Live
- Decision Making
- Problem Solving
- Critical Thinking
- Service Learning
- Planning/Organizing
- Goal Setting
- Wise Use of Resources
- Keeping Records
- Resiliency
- Communication
- Cooperation
- Social Skills
- Conflict Resolution
- Accepting Differences
- Concern for Others

HEAD
Managing
- Community Service
- Volunteering
- Leadership
- Responsible Citizenship
- Contributions to Group Effort
- Marketable Skills
- Teamwork
- Self-motivation
- Self-esteem
- Self-responsibility
- Character
- Managing Feelings
- Self-discipline
- Healthy Lifestyle Choices
- Disease Prevention
- Personal Safety
- Learning to Live
- Decision Making
- Problem Solving
- Critical Thinking
- Service Learning
- Planning/Organizing
- Goal Setting
- Wise Use of Resources
- Keeping Records
- Resiliency
- Communication
- Cooperation
- Social Skills
- Conflict Resolution
- Accepting Differences
- Concern for Others

HEALTH
Living
- Community Service
- Volunteering
- Leadership
- Responsible Citizenship
- Contributions to Group Effort
- Marketable Skills
- Teamwork
- Self-motivation
- Self-esteem
- Self-responsibility
- Character
- Managing Feelings
- Self-discipline
- Healthy Lifestyle Choices
- Disease Prevention
- Personal Safety
- Learning to Live
- Decision Making
- Problem Solving
- Critical Thinking
- Service Learning
- Planning/Organizing
- Goal Setting
- Wise Use of Resources
- Keeping Records
- Resiliency
- Communication
- Cooperation
- Social Skills
- Conflict Resolution
- Accepting Differences
- Concern for Others

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