4-H:
Science
Healthy Living
Citizenship & Leadership

DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System
What is 4-H?

4-H is a fun and educational organization where kids “learn by doing.” It’s a great opportunity for youth to acquire knowledge and skills they can use the rest of their lives. It takes the form of community clubs, project groups, in-school and afterschool programs. 4-H is part of the University of Arkansas Division of Agriculture and reaches more than 143,000 youth.

Who can join?
Anyone ages 5-19 can join 4-H. 4-H happens wherever kids live — in large cities, small towns, on farms, and even on military bases. The faces of 4-H kids are as diverse as the activities in which they take part.

Come Join the Fun!
Some of our exciting programs include:

- Science and Technology
- Health, Food and Nutrition
- Citizenship and Leadership
- Camping
- Community Service
- Agriculture
- Operation Military Kids
- Afterschool Programs
- And So Much More

4-H clubs are made up of adult volunteers working with a group of young people who want to learn new things, meet new people and have a good time along the way!

Best of all, participation in 4-H is free!
4-H is available in each of our 75 counties! Come be a part of something meaningful. To learn more, contact your local county extension office or visit us online at www.uaex.edu/4H-youth.