

Bucket List

Directions. A bucket list is a list of goals, dreams and life experiences that are important for you to experience within your lifetime. Use this worksheet to help you identify some of the things you want to do and accomplish in your remaining years. As you read the following questions, begin thinking about items you want to put on your bucket list.

- If you knew you were going to die tomorrow, what would you do today?
- Where have you always wanted to travel?
- What do you want to accomplish?
- What skills do you want to have?
- What special moments would you like to have?
- What do you want to experience?
- What would you do if you had unlimited resources?
- What have you always wanted to do, but haven't?
- Who would you like to meet?
- What would you like to witness throughout life?
- What is your biggest dream?
- What would you like to achieve socially, physically, financially, socially, spiritually or with your health and career?

Now that you have started thinking about your bucket list, write down at least 10 of your goals and dreams as well as experiences you wish to have throughout your life.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____