

Motivation: It's All Up To You Evaluation

✚ Regarding this session, how would you rate each of the following?

5 = excellent 4 = very good 3 = average 2 = fair 1 = poor

❖ Content of session_____.

❖ Quality of instructor(s)_____.

❖ Usefulness of handouts_____.

✚ What did you gain or like most about this session?

✚ How could this session be improved?

✚ What two ideas, techniques, or strategies discussed at this session do you feel you will apply in your work or volunteer group?

✚ Any other comments and/or suggestions about this session?
(Please use back for more space)