

EMERGENCY PREPAREDNESS ITEMS

Necessary Preparedness Items

- Water (3 day supply for each person in home)
- Nonperishable food (3 day supply for each person in home)
- Flashlight with extra batteries and bulbs
- Battery-operated or hand-crank radio
- First aid kit and manual
- Medications (7-day supply) and medical items
- Copies of prescriptions
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents
- Cell phone with an extra battery and charger (s)
- Family and friends' emergency contact information
- Cash and coins
- Emergency blanket
- Map(s) of the local area
- Whistle
- One change of clothing
- Manual can opener
- Pet supplies if needed (including food and vaccination records)
- Extra set of keys (car, house, etc.)
- Pack of cards to provide entertainment and pass the time

Necessary Preparedness Items

- Dust mask
- Moist towelettes, garbage bags, plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for pet
- Emergency reference materials
- Sleeping bag or warm blanket
- Change of clothing
- Chlorine bleach and medicine dropper
- Fire extinguisher
- Matches in water proof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels, plastic utensils
- Paper and pencil
- Books, games, puzzles

(see more items on back)

EMERGENCY PREPAREDNESS ITEMS

Additional Items for Older Adults

- Eyeglasses
- Hearing aids and extra batteries
- Oxygen
- Assistive devices like wheel chairs, canes, etc.
- List of health care providers and pharmacies in water proof bag
- Braille communication cards if needed

Cold Weather Supplies

- Jacket or coat
- Long pants and long-sleeve shirt
- Sturdy shoes
- Hat, mittens and scarf
- Sleeping bag or warm blanket

Emergency Supplies for Your Vehicle

- Flashlight with extra batteries and extra bulbs
- Maps
- First aid kit and manual
- Tire repair kit
- Jumper cables
- Flares

Items for Those with Access or Functional Needs

- Health care provider orders for durable medical equipment or supplies
- Medical alert tag or bracelet

Chronic Disease Patients

- Medications for at least three days
- Special diet as needed
- Medical equipment as needed
- Physician's name, address, phone number