



# Let's Head Outside

## Plan Your Own Safe and Healthy Picnic

Tools: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Foods: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Prepare at home: \_\_\_\_\_  
\_\_\_\_\_

Timeline: \_\_\_\_\_  
\_\_\_\_\_

**Did you remember to include:**

- ✓ Temperature-stable food items?
- ✓ Thermometers (for coolers and food)?
- ✓ Multiple utensils or disposable items?
- ✓ How you would pack and transport your food and other picnic tools?
- ✓ Which foods you would prepare and clean at home?