AHEC is surveying members to improve our program and plan for the future. Add your ideas to make the Arkansas Extension Homemakers Program the best it can be. 

This survey is voluntary. This survey is private. No one will see your individual answers. Please answer all of the questions as honestly as you can. Thanks for your help.

How many years have you been participating in EHC?
- □ 2 years or less
- □ 2 - 9 years
- □ 10-15 years
- □ longer than 15

How many hours do you usually spend every MONTH doing EHC activities?
- □ less than one hour
- □ between one and three hours
- □ more than three hours

What COUNTY do you live in?
_______________________________________________

Which of the following best describes the primary place where you live:
- □ Farm
- □ Rural non-farm, population less than 10,000
- □ Town or city, population 10,000 - 50,000
- □ City or suburb, population more than 50,000

As a result of my participation in EHC, I am more active as a volunteer or leader.
- □ Yes
- □ No

I participate in the following local community service projects:

I participate in the following state community service projects:
Last year, I participated in the following EHC Featured Education Lessons (check all that apply):
- Healthy Meeting Tips and Tricks
- 10 Tips to Improve Mental Health
- Eat Right for Your Lifestyle
- Important Papers: What to Keep and Where
- None of the Above

Because of EHC educational programs, I use the information I learned to make positive changes in the following area(s) (select all that apply):
- money management or consumer skills
- health or fitness
- diet or nutrition
- relationships or working with others
- personal growth
- other __________________________________________________

Because I am in EHC... (select all that apply.)
- I gain new knowledge and skills
- I have social connection
- I make a difference in my community
- I am comfortable in leadership roles in my club or community

How do you like to receive information about EHC and Family and Consumer Sciences: (select all that apply)
- email
- text
- Facebook
- Twitter
- Instagram
- Pinterest
- telephone
- printed newsletter
- electronic newsletter
- mail
- virtual meeting
- videos
- other________________________________________________
What educational topics or learning opportunities would you like to see in EHC next year?

What was your favorite EHC educational lesson, program, or activity during the last year?

What ways has your EHC group found to stay connected in the current environment of social distancing?

What is one thing EHC can do to better support your wellbeing during this time?

What else would you like to tell us about EHC?
I am in the following age category:
- younger than 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75-84
- 85 or older

I am:
- Male
- Female
- prefer not to answer

My race is (select all that apply):
- American Indian or Alaskan Native
- Asian
- Black, African American
- Native Hawaiian or Other Pacific Islander
- White
- Two or more races
- prefer not to answer

I am (select one):
- Hispanic or Latino
- Non-Hispanic or Latino

Return your completed survey to your County Extension Office or mail to:
Laura Hendrix
2301 South University Avenue
Little Rock, AR 72204

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