

Ice Cream in a Bag Activity

MATERIALS NEEDED:

- 1 Gallon-size plastic food storage bag
- 1 pint-size plastic food storage bag
- 2-3 cups of Ice Cubes
- 6 rounded tablespoons rock salt
- 1/2 cup 1% milk
- 1/2 teaspoon vanilla
- 1 teaspoon sugar



PROCEDURE

- Pour milk, sugar, and vanilla into pint-sized food storage bag.
- Squeeze as much air out as possible and seal the bag carefully.
- In gallon-sized food storage bag, place salt and ice.
- Put the pint-sized bag into the gallon-sized bag and close tightly.
- Shake the bag for about 5 minutes or until ice cream is frozen.
- When ice cream is ready, remove the small bag and throw away gallon bag of ice and salt.
- Wipe all the salt off the small bag before opening.
- Spoon the ice cream into small cups and enjoy!

HELPFUL TIPS

- Use winter gloves or hand towels while shaking the bags.
- Have towels on hand in case a bag starts to drip.
- Shaking the bag can get tiresome so try to create a game to make it fun!
- 1/2 cup milk will make about 1 scoop of ice cream.

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