

America Saves Week (February 27 – March 4, 2017) is an annual opportunity for individuals to assess their savings and take financial action. Each year, we encourage savers – or potential savers – just like you to set a goal, make a plan, and save automatically. Try these five simple steps to help yourself save automatically – and successfully:

1. **Assess Your Savings.** Like your health, you should assess your savings annually to make sure your savings priorities are on the right track. Complete this simple 12-question assessment to find out your current standing and help you plan for the future.
2. **Evaluate your Savings Preparedness.** Check off your savings accomplishments on the Saver Checklist to further evaluate where your savings habits need strengthening for your future goals.
3. **Take the America Saves Pledge.** Those with a savings plan are more likely to save for emergencies and retirement than those without one. Join more than 500,000 American Savers who have already committed to save. When you take the pledge, you can choose to receive text message tips and reminders to help you save towards your goals.
4. **Share Your Savings Goal.** Take part in the 2017 #ImSavingFor photo contest. Share a selfie that shows what you're saving for on Facebook, Twitter, or Instagram, and enter the contest at <http://americasavesweek.org/imsavingfor> for a chance to win \$250. Savings never looked so good.
5. **Make Your Savings Social.** Are you on Twitter or Facebook? Join America Saves and the American Savings Education Council in encouraging your friends, family, and colleagues to save this week. Better yet, join one of the many Twitter chats that America Saves will be a part of this week to get real-time savings tips and advice.

America Saves Week is coordinated by America Saves and the American Savings Education Council. Visit [www.uaex.edu/money](http://www.uaex.edu/money) to learn more about recommended savings strategies and to take the 2017 America Saves pledge. Follow uaexMoney on Facebook and Twitter for reliable personal finance tips.

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