



See the World Through My Eyes You Make a Big Difference!!

There are a few things you can do that will help me grow up to be a person you will be proud of.

1. Live well.

Your life doesn't end just because mine began. Keep learning, growing, and building strong relationships. When you are enjoying your life, we will have a better time together. For more ideas on having a good life, study a copy of *The Personal Journey*.

2. Love me.

Nothing matters as much to me as having good adults love me and enjoy my company. Pay attention to the way I like to be loved and love me in that way. The love you show me will teach me how to love others.

3. Try to understand the world as I see it.

When you understand what life is like for me, almost everything I do will make sense to you. When you feel compassion for the struggles in my world, I will feel safer and less lonely. The information sheets in this folder can help you understand what I'm experiencing and how you can help me.

4. Teach me.

I won't learn the rules for being a good adult without your help. Rather than punishing me when I frustrate you, show me better ways. Show me how to be kind, loving, and responsible. You can find helpful ideas for loving, understanding, and teaching me in the *Parenting Journey* publications. As you already know, having a child requires lots of time and patience. Yet there is nothing quite as rewarding as helping a baby become a strong and caring person. Let's have a great time together!