Food Preservation Entries Example Script for County Fair Books

1. All entries must have been preserved within the previous 12 months and can only be entered once.

2. Exhibits must be labeled with the date of food preservation and method of preservation. Method must state whether canned in water bath, pressure canned or other, the process time and the pounds of pressure where appropriate. For labels contact County Extension Office or download from http://uaex.edu/health-living/food-safety/preservation/

3. Judging will be done by comparison to recognized standards of quality and safety first and then potentially when met by comparison to other exhibits to determine placing within a class (first, second, third).

4. For judging and safety reasons jars must be clear glass with Mason-type jar with a clean metal lid and ring, vacuum sealed and of acceptable size per recipe instructions – typically quart, pint or smaller.

5. Due to updated safety reasons none of the following will be accepted: canned squash including summer, zucchini or spaghetti; pureed or mashed pumpkin; pureed or mashed sweet potatoes; pureed or mashed potatoes; and canned soups with added noodles or other pasta, rice, flour, cream, milk or other thickening agents.

6. If recipe used is not from either:
   ✓ So Easy to Preserve, 4th edition and newer. University of Georgia Cooperative Extension Service OR
   ✓ USDA Complete Guide to Home Canning, 2009 revision. United States Department of Agriculture and National Institute of Food and Agriculture THEN
   ✓ Entry should also be accompanied by recipe from other Extension publications updated or published after 1995.

Prepared by Serena Fuller, Associate Professor of Nutrition and Food Safety, University of Arkansas Division of Agriculture Cooperative Extension Service. Adapted from material originally prepared by Elizabeth Andress, Extension Foods Specialist, University of Georgia Cooperative Extension Service; and Allison Oesterle, Educational Program Specialist, University of Georgia Cooperative Extension Service.

The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.