Contact your local county extension office for more information about Arkansas Farm to You.

Interested?
If you would like Arkansas Farm To You to visit your school, there is a small fee per student. Please ask your county FCS agent for more information.

You will need:
A space large enough to accommodate the 40’ by 40’ exhibit.

A minimum of 300 and a maximum of 450 students. Additional students will require an extra day.

8-10 volunteers (adults or high school students) to set up and take down the exhibit. No children should be present.

10 volunteers per shift to be station presenters. The more enthusiastic the presenter, the more the children will remember. Parents, 4-Her’s, 4-H volunteers, community residents, college students and high school juniors and seniors are great for this important role.

The Arkansas Farm to You exhibit reinforces the “Serving Up MyPlate” classroom curriculum, provided by Extension. Please contact your county FCS agent for more information.

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Arkansas Farm to You is a traveling interactive exhibit for kindergarten through sixth grade students that follows food from the farm to the market and through the body. It explores the relationships between Arkansas agriculture, food and health. Coordinated by the University of Arkansas Cooperative Extension Service, Arkansas Farm to You is a collaboration between state agency, commodity and community partners. Through Arkansas Farm to You and other programs, your local University of Arkansas Cooperative Extension Service can provide nutrition education in your school.

Students make their way through the exhibit by visiting these Arkansas Farm to You stations:

- Welcome to the Farm
- Market
- Café
- Mouth
- Stomach
- Small Intestine
- Muscle
- Bone
- Skin

At each station students spend about six minutes participating in activities and learning about the connections between agriculture, food and health.

What is it?

Objectives

Children will learn:

- that farms provide food for good health
- about foods grown in Arkansas
- to make healthy food choices
- that food is broken down to nutrients our bodies need
- that physical activity and personal hygiene are important for good health.

Collaboration

The messages delivered through Arkansas Farm to You utilize research-based information and incorporate the missions of the collaborating partners. These partners include the University of Arkansas Cooperative Extension Service (UACES) and the Arkansas Supplemental Nutrition Assistance Program-Education (SNAP-Ed).