

**2019 NVON Conference Registration**  
**Today's Woman**  
**Striving To Strengthen Her Community**  
July 23-25, 2019  
Springdale Holiday Inn - Springdale, Arkansas

Name (one form per person) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Telephone (Include area code) \_\_\_\_\_

E-mail address \_\_\_\_\_

Member \_\_\_ Guest \_\_\_ First Time Attendee \_\_\_ E-mail Registration Confirmation \_\_\_Y\_\_\_N

*Include a self-addressed stamped envelope if you would like a written registration confirmation.*

*I grant the AEHC/NVON, the right to use, publish and copyright my image for educational program and publication, web sites and promotion of NVON programs.*

Signature \_\_\_\_\_

*Choose a seminar/ craft class you would like to attend by placing a 1, 2, or 3 in the space before the selection. Omitting the 2nd or 3rd choice does not guarantee placement in 1st choice. Tours and seminars will be filled as registrations are received.*

### Tours

**Tuesday, July 23, 8:30 to 12:00**

WalMart Museum/\$20.00

Compton Garden (lunch on your own)

**Tuesday, July 23, 2 to 8**

Springdale AR/MO Railroad (\$75.00-

Includes dinner and transportation)

Evening Tour Springdale to Winslow

**Wednesday, July 24, 9 to 2**

Peel Mansion and Garden Fee-\$10.00

(lunch on your own)

**Thursday, July 25, 8:30 to 11:30**

Crystal Bridges \$23.00 includes snack)

**Thursday, July 25 1:30 to 4:30**

Native American History Museum \$23.00

(includes snack)

### Craft Classes

Fees for craft classes are not included in the registration. You will pay the instructor when you attend the class.

**9:00-10:00 am**

\_\_\_ Wool dryer balls

\_\_\_ Insta Pot

\_\_\_ Beading serving pieces

\_\_\_ Flower Garden

**10:30-11:30 am**

\_\_\_ Make Your State - Name Tag

\_\_\_ Scarf Necklace

\_\_\_ Wool dryer balls

**2:00-3:15 pm**

\_\_\_ Make Your State - Name Tag

\_\_\_ Beading serving pieces

\_\_\_ Flower Garden

\_\_\_ Scarf Necklace

### Educational Classes

**Wednesday, July 24, 2:00-3:00 pm**

\_\_\_ Essential Oils

\_\_\_ The Art of Organizing and Tidying Up

\_\_\_ Accessorize

\_\_\_ Chair Yoga

**Wednesday, July 24, 3:30-4:30 pm**

\_\_\_ Spice It Up

\_\_\_ Salt, Sodium, and Potassium

\_\_\_ Self Defense Awareness of surrounding

\_\_\_ Effective Communication

**Thursday, July 25, 2:00-3:00 pm**

\_\_\_ Aches and Pains

\_\_\_ Keeping your Brain Healthy

\_\_\_ Effective Communication

\_\_\_ Living in a Digital World

**Thursday, July 25, 3:30-4:30 pm**

\_\_\_ Grace Under Pressure

\_\_\_ Appetizer for All

\_\_\_ Keeping your Brain Healthy

\_\_\_ Aches and Pains

Registration  
(Deadline-June 17, 2019)

Full Registration.....	\$150.00	\$ _____
One Day Registration		
Wednesday, July 24.....	\$75.00	\$ _____
Thursday, July 25.....	\$75.00	\$ _____
Late Fee (postmarked after June 17, 2019).....	\$10.00	\$ _____

**Spouse/Friend Tour**

WalMart Museum/ \$20.00 includes transportation (two sites) \$ \_\_\_\_\_

Compton Garden (lunch on your own)

**Tuesday** Tour Sunset Train Tour \$75.00 (includes dinner ) \$ \_\_\_\_\_

**Wednesday** Tour Peel Mansion and Garden \$10.00 \$ \_\_\_\_\_

**Thursday** Tour Crystal Bridges/\$23.00 includes snack and water and transportation to two sites \$ \_\_\_\_\_

**Thursday** Tour Native American History Museum (\$23.00 (includes snack) \$ \_\_\_\_\_

Total Fees Included:..... \$ \_\_\_\_\_

\*\*Special Dietary Needs \_\_\_\_\_

Meals included in registration fee.

Make Checks Payable to AEHC INC-NVON  
(Registration due by June 17, 2019  
(Late fee after June 17, 2019 of \$10.00.)

\_\_\_ **Wednesday, July 24**, Lunch

\_\_\_ **Wednesday, July 24**, Dinner, Arkansas Night

\_\_\_ **Thursday, July 25**, Lunch

\_\_\_ **Thursday, July 25**, Banquet

Mail Check or Money Order with Registration form to:  
Carolyn Morris  
Arkansas Extension Homemakers Council  
INC. -NVON  
PO Box 275  
Danville, AR 72833-0275

Questions Contact:  
Mary Fisher, Conference Chair  
479 495-0515  
mfisher@arkwest.com

ROOM RATE: \$119.00  
1 to 4 people  
You may make your reservations by calling  
Holiday Inn 1500 South 48th St, Springdale, Arkansas 72762  
479 751-8300