



“Better Together”

2019 AEHC State Meeting Class List Hot Springs Convention Center June 4-6, 2019

Creative Skills – Tuesday Morning Early Bird (fees are applied) 10:00 – 11:30 a.m.

1. Wineglass Snow Globe (\$5, limit 20)
2. Christmas Ornament (\$5, limit 20)
3. Guided Tour of Fordyce Bath House and Museum (\$10, limit 26)
4. Garvan Woodland Garden (\$10. Golf cart optional \$15. Limit 24, but need 20 registered for tour to go)

Tuesday June 4th 2:30 p.m. - 3:30 p.m. (repeat) 3:45 p.m. - 4:45 p.m.

1. Throw Away Your Car Keys and Zoom -- Mary Poling, Office of Information Technology, Cooperative Extension Service
2. Simplifying – Julian Carpenter and Debbie Baker, FCS Agents
3. What Wikipedia Can't Tell You About Etiquette -- Von Talbot of Hot Springs
4. Disagreeing Agreeably – Diane Clement, FCS Agent
5. Make-up, Natural Looking Make Up For Older Skin – Tiffany Story, Merle Norman

Creative Skills 2:30 – 3:30 & 3:45 – 4:45 p.m.

1. Wired Wrapped Stones (\$5, limit 15)
2. Painted Wooden Snowmen (\$8, limit 25)
3. Rolled Paper Beads (\$5, limit 25)
4. Mason Jar Luminary (\$5, limit 25)
5. Iron-on “Stained Glass” Flower on Fabric (\$5, limit 20)

Wednesday June 6th 9:00 a.m. - 10:00 a.m. (repeat) 10:15 a.m. -11:15 a.m.

1. Take Your Meetings From Zero to Hero – Pia Woods, Staff Chair
2. Coconut Oil: Superfood or Superfool? Dr. Debi Head, FCS Department Head
3. Beekeeping – Jon Zawislak
4. Age-appropriate Style, How To Be Trendy Without Looking Ridiculous – Jamileh Kamran, Arkansas Fashion School
5. Hoarding – Dr. Brittney Schrick, Assistant Professor, Family Life Specialist

Wednesday June 6th 2:00 p.m. - 3:00 p.m. (repeat) 3:15 p.m.- 4:15 p.m.

1. What Women Need to Know About Money Management – Dr. Laura Hendrix, Associate Professor, Personal Finance and Consumer Economics and AEHC Advisor, Division & Bernadette Freigy, AEHC Parliamentarian
2. Beyond the Quilt Raffle – Brian Helms, Director of Stakeholder Relations, CES
3. Why Leadership Is the Secret Ingredient – Dr. Joe Waldrum, retired Director of LeadAR
4. Hobbies – Rebecca Simon, Program Associate
5. Yoga – Addie Wilson, Program Associate -- Health