### “How to Talk to Your Doctor” Pre-Class Questions

**Your Name:** ______________________

Circle your answers.

1. **How confident are you at filling out medical forms by yourself?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

2. **How confident are you at being prepared to talk to your doctor?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

3. **How confident are you at telling your doctor everything he or she needs to know in a short visit?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

4. **How confident are you at repeating back what your doctor tells you in your own words?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

5. **How confident are you at taking your meds like the label says to?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

6. **How likely are you to take all your meds with you to your doctor visit?**
   - 1: Extremely
   - 2: Quite a bit
   - 3: Somewhat
   - 4: A little bit
   - 5: Not at all

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