

# Peanut Butter and Banana Snack-tions

**Goal:** *Introducing fractions in the early childhood classroom*

**Ideal age group:** 3 – 5 year olds

**Ingredients/Supplies (need one of each for each child):**

- Slice of whole wheat bread
- Tablespoon of peanut or other nut/nutfree butter
- Banana
- Plastic knife

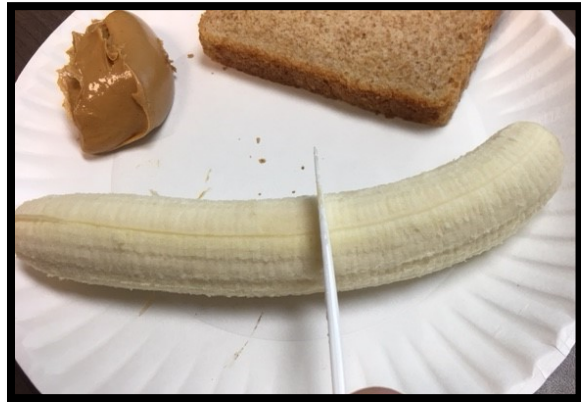
**Instructions:**

- Give each child a banana and plastic knife (may want to peel the bananas for younger children or children with motor difficulties). Cut ends off to simplify.
- Demonstrate how to cut the banana into halves, and let them cut their own banana.
- Continue cutting the bananas into quarters, eighths, and sixteenths (if they can get that small).
- Show children how the banana still equals one whole banana, even when it is cut into pieces. For older children, you may want to show them what the fractions look like ( $\frac{1}{2}$ ,  $\frac{1}{4}$ ,  $\frac{1}{8}$ , etc.) with cards or on a white board or table.
- After cutting is complete, give each child a slice of bread, and a tablespoon full of peanut (or other) butter, and let them spread it on their bread.
- Suggest that they add their banana to their bread (though some may not want to try that) 😊



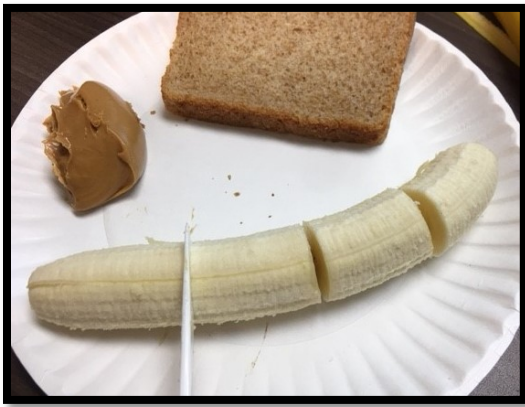
Enjoy your snack-tions!





**Helpful Note:** If you pre-cut the ends off the bananas, the kids will have an easier time peeling them!

**Cut banana in half.  $\frac{1}{2}$**



**Cut banana in quarters/fourths by cutting halves in half.  $\frac{1}{4}$**

**Cut banana in eighths by cutting each fourth in half.  $\frac{1}{8}$**



**Cut banana in 16ths by cutting each eighth in half.  $\frac{1}{16}$**

**Spread PB on bread and top with banana snack-tions!**