1. Walk A to B.
2. At B jog to C.
3. At C perform a 180 degree turn to the right.
4. Lope a half circle around D on the left lead.
5. When between D and E jog.
6. Jog a half circle around E.
7. Stop at E and perform a 180 degree turn to the left.
8. Extend the jog to F.
9. At F stop.