1. Circle the healthy snacks.

APPLE
CARROTS
CAKE
FRENCH FRIES
BANANAS
GRAPES
2. Circle when you should wash your hands before eating.

3. Circle the pictures that show physical activities.
4. Circle the foods from the vegetable group.

BROCCOLI  TURKEY  CAKE
CARROTS  PRETZEL  CORN

5. Circle the foods from the fruit group.

BREAD  APPLE  MILK
STRAWBERRIES  FRENCH FRIES  BANANAS
6. Circle the foods from the grains group.

- Cereal
- Spaghetti
- Bananas
- Candy
- Bread

7. Circle the foods from the dairy group.

- French fries
- Pumpkin
- Candy
- Ice cream
- Cheese
- Milk
8. Circle the foods from the protein foods group.

- Grapes
- Turkey
- Corn
- Egg
Circle your answer.

9. At your home, do you have vegetables to eat?

- Never
- Almost Never
- Sometimes
- Almost Always
- Always

- Broccoli
- Carrots
- Lettuce
- Green Pepper
- Green Beans
- Cucumber
- Tomato
- Potatoes
- Celery
- Cauliflower
Circle your answer.

10. At your home, do you have fruits to eat?

Never  Almost Never  Sometimes  Almost Always  Always

APPLE  BANANAS  GRAPES  WATERMELON

STRAWBERRIES  PEAR  CANTALOUPE

ORANGE  KIWI  BLUEBERRIES