Coping with health concerns can be time consuming and complex. It can be hard to know where to find trusted information among so many choices or what to do in a non-emergency situation.

Instead of playing guessing games with health issues, give UMR’s NurseLineSM a ring. A simple phone call to NurseLine gets you in touch with a highly trained registered nurse who can answer your medical questions and provide advice — without an appointment.

NurseLine is completely confidential and provides you with the following:

- 24 hour-a-day, 7 day-a-week service
- Hearing assistance accommodations
- 140+ languages including English and Spanish
- Audio health library containing over 1,100 topics, such as physical and emotional conditions, procedures, medications, and much more

What do you do if this happens to you?

It’s midnight. Your child has a fever and now you notice a peculiar rash. What should you do?

You wake up with severe stomach cramps. You wonder if you should phone your doctor, go to the emergency room or wait it out.

You’re diagnosed with cancer and want to learn more about the disease and possible treatment options.

A family member is scheduled for a surgical procedure. You read the pamphlets from the surgeon’s office, but you still have several unanswered questions.

Call us today at 1-866-494-4502
PIN 197