

Salad Ingredients:

2 cups strawberries, sliced 1 pound spinach leaves

Dressing Ingredients:

I tablespoon poppy seeds

1/2 cup sugar 1/4 teaspoon Worcestershire sauce 1/4 cup strawberry vinegar

Directions:

Heat the ingredients for the dressing until the sugar dissolves. Add the poppy seeds and cool. Toss dressing over strawberries and spinach.