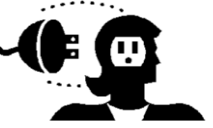




# EHC GO Getters



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## April 2016

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### **Executive Board Members**

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## Helping from the Heart Spring Council Meeting

The Spring EH Council Meeting will be Tuesday, April 26, in the EHC Kitchen on the Fairgrounds. Each club needs to bring a meat dish and members bring side and or dessert dishes. Each Club needs to bring 3 Door Prizes. Registration begins at 9:45 am with the meeting beginning at 10:00 am. If your club has a member that has passed contact Doris at 840-3956 to be included in the Memorial.

Dabblers & Vimy Ridge - Silent Auction

Sharon - Decorations

Dabblers & Vimy Ridge - Hobby Table

Sunshine - Registration

## Leader Training & Board Meeting - April 26

Leader Training will be handed out after the Spring Council Meeting. The Board Meeting will be immediately following the Spring Council Meeting in the EHC Kitchen on the Fairgrounds on Tuesday, April 26.

## AEHC Retreat - 2016 Ozark Folk Center

Save the Date on your Calendar: November 2-4, 2016. Deposit of \$75 is due by August 14, and the balance due October 1. The prices are:

Single \$380	Double	\$310		
Triple	\$294	Quad	\$285	

Complete information will be handed out at the state meeting. The workshops offered are not finalized.

## Friendship House Quilt Block Exchange

The wall hanging has 12 houses. Depending on the number participants and personal preference you may make one house 12 times or make a "street" of 4 houses 3 times. A list of supplies will be given out at the Spring Council meeting to those who **pre-registered by April 21**. We will set a date to meet to sew and have a deadline for all houses to be "constructed." This should be a fun project to increase "Thrills, Squeals and Ferris Wheels" county fair entries.

## AEHC State Meeting June 7-9

The theme for this year's meeting is "Stepping up for Education". Registration packets are available at the Extension office. Registration is due **April 26** at the Spring Council Meeting.

All meetings and activities announced in this newsletter are open to all eligible persons without regard to race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office as soon as possible prior to the activity.

## **Easy Fruited Chicken Salad**

1 apple, cored and diced

1/2 cup seedless red grapes, halved

1/2 cup chopped toasted pecans

1/2 teaspoon apple pie spice, or to taste

3/4 cup low or fat free mayonnaise

4 skinless, boneless chicken breast halves, cooked and diced

In a bowl, lightly mix the apple, grapes, pecans, apple pie spice, and mayonnaise together until thoroughly combined; stir in the chicken breast meat. Chill until cold.

