



## Greek Salad

A terrific accompaniment for kebabs

### Ingredients:

- 3/4 pound tomatoes, seeded, diced (about 2 cups)
- 2 cups diced seeded peeled cucumber (from about 1 large)
- 1 cup diced red bell pepper (from about 1 large)
- 1/4 cup pitted Kalamata olives or other black olives, halved
- 1/4 cup diced red onion
- 3 tablespoons chopped fresh Italian parsley
- 3 tablespoons extra-virgin olive oil
- 1 1/2 tablespoons red wine vinegar
- 1/2 teaspoon dried oregano
- 1/4 cup crumbled feta cheese (about 2 ounces)

### Directions:

1. Toss first 9 ingredients in medium bowl to blend.
2. Gently mix in cheese.
3. Season with salt and pepper.

(Can be made 2 hours ahead. Let stand at room temperature a few minutes before serving.)

**Makes about 4 1/2 cups**

<b>Nutrition Facts</b>	<b>Amount/Serving</b>	<b>%DV*</b>	<b>Amount/Serving</b>	<b>%DV*</b>
	Serv. size about 1/2 cup (124g) Servings 8 <b>Calories 85</b> <b>Fat Cal. 61</b>	<b>Total Fat</b> 7g	<b>10%</b>	<b>Total Carb.</b> 5g
	Sat. Fat 1g	<b>8%</b>	Fiber 1g	<b>6%</b>
	Trans fats 0g		Sugars 2g	
	<b>Cholest.</b> 4mg	<b>0%</b>	<b>Protein</b> 2g	
	<b>Sodium</b> 96mg	<b>4%</b>		
	Vitamin A 8%	Vitamin C 70%	Calcium 4%	Iron 4%