

Verified Training Opportunities

Best Care: 10 hours face to face trainings

Contact your County Extension Office to **REGISTER!!!!**
(870)338-8027

2018 Course Topics

- Setting the Table for Healthy Habits
- Breastfeeding
- Is it Candy or is it Poison
- Time Wasters
- Child Abuse and Neglect
- Classroom Management
- Money on the Bookshelf
- Avoiding Burnout
- Sensory Play
- Love Languages for Kids

Date: January 20 & 27

8:00am – 1:00pm

Location: PCCUA-Helena

1000 Campus Drive

Fine Arts Center

Snacks provided!



Contact Information

Best Care

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Best Care Connected

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Top 5 Reasons to Participate in Best Care

1. Training classes are registered with TAPP! Supports Better Beginnings
2. Training is offered in 26 locations across the state
3. New curriculum developed every year
4. Continuing Education Units (CEUs) available
5. FREE!



Best Care Connected: 5 hours online

Open October 16, 2017 to September 15, 2018
To enroll visit: courses.uaex.edu

2017-18 Course Topics

- Infant Development – A Baby's First Year
- The Importance of Sleep and Quiet Time in Early Childhood
- It's Potty Time
- Managing Aggressive Behavior in the Early Childhood Classroom through Positive Discipline
- The Effective Storyteller

These training opportunities brought to you by the

With funding provided by



**Guiding Children
Successfully: Up to
39 hours of TAPP
Verified Training
Free of Charge**

GCS DVD Series

1. Effective Motivation for Children
2. Guiding Children with Love and Good Sense
3. Teachers and Parents Working Together
4. Teaching Children Responsibility
5. Helping Children Discover Their Gifts
6. Raising Children to be Good People
7. Strengthening Couple Relationships
8. Managing Anger and Stress
9. Are Children Angels, Devils, or Clay?
10. Languages of Love
11. Choosing Quality Childcare
12. Enjoying Life with Children

More GCS Offerings

See the World through My Eyes

21. Enjoy Your Child; Cooing; Colic & Crying
22. Reading; Sleeping; Exploration
23. Separation Anxiety; Scratching, Biting, & Hitting; Potty Training
24. Negativism; Picky Eaters; Sharing
25. Non-compliance; Language; Sibling Rivalry
26. Limits/Disobedience; Rough & Tumble; Lying
27. Fear; Media; Chores & Helping
28. See the World through My Eyes

Managing Stress: Turning Challenges into Blessings

- 29-30. Managing Stress: Turning Challenges into Blessings

Getting Our Hearts Right: 3 Keys to Better Relationships

31. Introduction
32. Biases
33. Humility
34. Compassion
35. Positivity

Your Blueprint for Happiness: Five Principles for Building a Better Life

- 36-38. Your Blueprint for Happiness: Worksheet

Kids and Money

39. Kids and Money

NOTE: Any of the GCS programs are eligible to be repeated for credit every four years.

How do I get started?

There are a couple of ways an individual may participate in Guiding Children Successfully.

Option #1

GCS Online: In order to enroll in and complete these courses, please visit <http://courses.uaex.edu>.

NOTE: You will only receive enrollment keys for the units you are eligible for.

Option #2

Obtain GCS program materials, registration forms, learning checks, and evaluation forms from your local county Cooperative Extension Office. To find your local county office visit

www.uaex.edu/counties/default.aspx

Contact Information

Guiding Children Successfully

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Have questions? Visit us on the web at

www.arfamilies.org/child_care

Follow Best Care and Best Care
Connected on Facebook and Twitter



United States Department of Agriculture, University of Arkansas, and County Governments Cooperating – The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer. If you require a reasonable accommodation to participate or need materials in another format, please contact your County Extension office as soon as possible. Dial 711 for Arkansas Relay.