Message from the President

Dear Members,

If we do anything, we shall make mistakes. But the person who does nothing makes the biggest mistake of all: not trying.

Yes, mistakes can serve useful purposes. First, they let us see our frailty and imperfections, which should protect us against pride. Second, mistakes should make us more tolerant of others; after all, why should the kettle call the pot black? Third, while mistakes signify faults, they still provide opportunities for us to become bigger by correcting our faults. Fourth, wise learn from their mistakes and from the mistakes of others. Fools never learn. Elbert Hubbard said “The greatest mistake you can make in this life is to be continually fearing you will make one”. Let us learn from our own mistakes and have fun trying new things.

Sincerely,
Cora Bingham

---

Smart 911-Smart deal

The 911 system and Smart 911 are not the same thing but they are important tools we have to help in the event of an emergency.

Here is a fact, rarely will a person interact with 911 in a positive situation. When we call 911 it is usually in a stressful moment or emergency. We can’t remember everything we need to let them know, about a loved one or about self.

Smart 911 takes that pressure away from us. It allows us to put information into the 911 system that can be viewed only by emergency staff or 911 personnel when we are calm and have time to think.

Information that can be added are caller’s location, cell phone number, age, gender, family profile, pet information, medications, special needs, impairments, medical conditions, just to name a few. Each family can share different information.

Enclosed in this newsletter is information about Smart 911. Our local 911 department coordinator is Patricia Mills, her number is 870 446-5902.

It does require a computer with internet access. If you do not have access to these the Newton County Senior Center, located in Jasper has offered to help you get information into the Smart 911 System. Contact Carol Banfield at 870 446-5531 to make an appointment to get help getting the necessary information uploaded into Smart 911.

---

Spring Fling 2013

Pet Tails
April 10th
At the EHC Conference Room in Jasper
Registration is from 9:30 am until 10:00 am
Each EHC members is ask to bring a can or dry bag of cat or dog food.
Program will begin at 10:00 am
Lunch will be served at 11:30 am
Business meeting following

---

Marsha’s Recipe Picks

1. Jasper Pioneer
2. Deer Lady Bugs
3. Newton County Quilters
3. Smith Mountain
3. Newton Co. EHC Board
4. Calendar

---

Sincerely,
Marsha Horton, FCS
Newton County Extension Agent
mhorton@uaex.edu, 870.446.2240
Marsha’s Recipes Picks

STRAWBERRY JELL-O CAKE
1 - white cake mix
1 - 3 oz pkg strawberry Jell-o
1 package frozen strawberries
1 container topping like whipped topping (Cool Whip)
1 - 3 oz pkg. instant pudding any flavor
1/4 cup powdered sugar 1 cup of cold milk
Bake cake according to directions. Mix Jell-o with 1 cup warm water. Make several holes in top of cake without going through and then pour Jell-o over cake.
Microwave strawberries until thawed and pour on cake.
Combine pudding, sugar and milk in bowl. Blend well. Fold in Cool Whip. Frost cakes and store in refrigerator
Serve.

STRAWBERRY JELL-O LITE CAKE
1 box lite white cake mix
2 sm. pkgs. (no sugar) strawberry Jello, dissolve in 2 c. hot water
1 container lite Cool Whip
Prepare cake mix as described; Bake in 9 x 13 inch greased cake pan. When done, prick top of cake with tines of fork; pour Jello on top of cake.
Put in refrigerator until cool. Add 1 container lite Cool Whip to top.
Refrigerate until ready to serve.

Jasper Pioneers EHC

The Jasper Pioneers EHC met at the home of Betty Stivers. There were five members present with one guest. Betty read an inspirational reading entitled “Under the Wings”. She also added the quote, “Remember to never drive faster than your Guardian Angel can fly.” The group discussed responsibilities the club would have at the Angel Works Salad Luncheon. The Club is responsible for bringing Salads. The date of this is May 15th. The group worked on table decorations for the Spring Fling and discussed what their give aways and program would be. The Club members enjoyed strawberries and ice cream and coffee for refreshments that were provided by Janet Voshell. The group will meet for their next meeting at Betty Stiver’s home on March 13th at 1:00 p.m.

EHC Deer Lady Bugs Hear About Smart 911

The Deer Lady Bugs met at the Deer Café on February 26 beginning at 1:30 p.m. The meeting was called to order by Cora Bingham with six members present and 2 guests. Cora passed out Valentine Cards to everyone present. Carol Banfield gave the giggle and Mary Lou Sain read the minutes and they were accepted as read. The group discussed the Angel Works Salad Luncheon and the club’s responsibility. The Club will bring sandwiches to the Angel Works Building around 11:00 am on May 15. The group reported 167 volunteer hours.
The group listened to a presentation from Patricia Mills on Smart 911. The group was allowed to ask questions about the system and also help put information into the Newton County 911 system.
The group also heard from the officer committee. They will report back next month.
The next meeting will be at the home of Mary Lou Sain beginning at noon on March 26th.
Cora acted as hostess in the absence of Mary Bachhaus for this meeting. The club members and guests were treated to Chicken Salad Sandwiches with chips and drinks and Strawberry Jell-O Cake for dessert.
Newton County Quilter’s EHC

The Quilter’s club members met twice in the month of February. They met February 5th and 19th. The group met at the Quilter’s Cabin at the home of Carol Leak.

February 5th. The club members were treated to several flavor filled treats that were described as wonderful, Carol Leak made a Burnt Sugar Cake, Laura Dobbs made a Pineapple Angel Food Cake and Cora Bingham made Cracker Jack Cookies and the club members enjoyed Hobo soup for lunch.

Willa Sturdevant demonstrated a random quilt block made of colored strips that were cut into various lengths and sizes. The back ground fabric was cut into various lengths and sizes and they were matched with the colored ones and then sewn into a tube. After cutting the background in different places an 18” block was created. The group completed one quilt top using the blocks that they had made during the meeting.

February 19th. The group worked together to get several things accomplished at this meeting. The group measured backing for quilts and added borders to several of the quilts. The club has 10 quilts ready to go to the quilters. Most of these quilts will be given to the Newton County Nursing Home. The group also have 7 quilts for the Challenge of Russellville. These are twin size quilts. Willa Sturdevant donated fleece mittens to the group as well.

Carol Leak made Homemade Chicken Soup for the group to enjoy for lunch. Cora Bingham made Amish Friendship Bread to share for dessert.

When the group was done at the cabin they made a trip to Jasper to Janice Sloan’s shop in town.

The next meetings will be at Carol’s on March 5th and 19th.

Smith Mountain Extension Club

The Smith Mountain EHC Club met at the Newton County Extension Board Room on Thursday, February 28th. The group was called to order by Aline Kates. There were 10 members present and one quest. The group reported 141 volunteer hours. Cora Bingham read the devotional entitled “Liquid Mountaineering”. It was about not always believing what you read or see on television, news or internet. She also noted “That to walk on water a person must have faith.” The group discussed the Spring Fling and the Luncheon for Angel Works. The clubs responsibility for the Luncheon will be to bring desserts and chips. The club members voted to choose a trip to Crystal Bridges in Bentonville as their proposal for the County Fun Day. The Fun Day vote on by the entire County EHC members will at Spring Fling meeting. They also discussed ways for Drive. They are considering an Auction. Laura Dobbs read the “Slick Trick” and she will also be the hostess for the next meeting on March 28, at 1:30 at the Extension Office.

The hostess for this meeting was Randa Williams and she had wonderful cookie cream pie or a turtle pie for the members to select from. Prizes won by Cora, Marsha and Carol.

Newton County EHC Board Meeting Held

The Newton County EHC Board met February 12th at the Extension Office Board Room. The meeting began at 1:00 p.m. with representatives from all EHC clubs present. The meeting was called to order by Cora Bingham, President.

Old business included the Toy Drive, which the grouped discussed having a new form for parents/guardians to complete next year. Coat Room was discussed, the group discussed contacting the group that brought new coats from up north last year, to replenish the Coat Room for next year. It was stated that several community and church groups have gotten coats this winter from the Room.

The budget was discussed and a report was made.

New Business included membership and what to do to increase membership; Pauline Cooper Memorial Scholarship was discussed and Marsha Horton said that she would get information to Jasper School; Fun Day was discussed and again Marsha said that she would obtain group rate to Branson show and activities; April 15 was set as the date for the Angel Works Salad Luncheon and it was discussed which club would bring what. It was discussed that the organization would do something with the Newton County Nursing Home for Virginia Bates 100th Birthday. A member of each ECH club reported on activities of their club.

Marsha Horton discussed a possible fund raiser for next Valentine’s Day to do with the Jasper School. It is called “I Have a Crush On You” It is a chance for parents or anyone to sent a personalized message to a child in the school. She said that she would discuss the proposal with Jasper School administrators to get their permission to do it. If the program is successful the ECH clubs might do the program with other schools next year.

Weather ended the meeting.

Happy St. Patrick’s Day!

May the saddest day of your future be no worse than the happiest day of your past.

Turn in you information sheets! Please!

The following information sheets have been turned in:

Terry Edwards
Shelly McVay
Betsy Stivers
Jan Doud
Linda Winnat
Glenda Ogden
Willa Sturdevant
Karen Durham
Barbara Barnard
Sandra Hartman
Carol Leak
Cora Bingham
Sandra Noble
Francis Smith
Donna Lene’
All meeting and activities announced in the newsletter are open to all without the regard to race, color, national origin, religion, gender, disabilities, or any other legally protected status.

Person’s with disabilities who require alternative means of communication for program information (Large Print, etc) should notify the county extension office as soon as possible prior to activity.

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>Quilter’s Club at Carol Leak’s at 9:30 p.m.</td>
<td>Annette Brasel</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>Newton County Garden Club @ Ext office at 6:00 p.m.</td>
<td>Jasper Pioneers at Betty Stivers House at 1:00 p.m.</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>St. Patrick’s Day</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23 Manha Horton</td>
</tr>
<tr>
<td>24/31</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td>Easter</td>
<td>Newton County Farmer’s Market @ Ext Office at 6:00 p.m.</td>
<td>Deer Lady Bugs at the home of Mary Alice @ noon</td>
<td>Francis Smith</td>
<td>Smith Mt. EHC at Ext. Office at 1:30 p.m.</td>
<td>Good Friday</td>
<td>30</td>
</tr>
</tbody>
</table>