## 4-H Color Splash 5K & Kids Dash Entry Form

**August 27, 2016—9:00 am—Montgomery County Courthouse, Mount Ida, AR**

Name:  
Last:  
First:  

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<thead>
<tr>
<th>Date of Birth:</th>
<th>Sex: M F</th>
<th>Age on 8/27/2016:</th>
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Address:  
Phone:  
Emergency Contact: Name & Phone  

Shirt Size: YS YM YL S M L XL XXL (+$2)  

Email:  

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<tr>
<th>Circle One:</th>
<th>Runner</th>
<th>Walker</th>
<th>Kids Dash</th>
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**Release:**  
I know that running and volunteering to work in the 4-H Color Splash 5K & Kids Dash is a potentially hazardous activity. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in the 4-H Color Splash 5K & Kids Dash including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the 4-H Color Splash & Kids Dash the University of Arkansas, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I certify that my family and I, including any minor children, are fully capable of participating in the activities. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature:  
Date:  

Parent Signature (if under 18):  
Date:  

Make checks payable to and mail to:  
Montgomery County Cooperative Extension Service  
P.O. Box 430  
Mount Ida, AR 71957  

Fees: $25 on or before August 20st, $30 August 21st—August 26th  
Race day registration: $35  
Kids Dash $10  
Online registration available at www.racesonline.com  

For more information, call 870-867-2311 Email: amonk@uaex.edu