

Verified Training Opportunities

Best Care: 10 hours face to face trainings

Contact your County Extension Office for dates and locations
www.uaex.edu/findus/county_offices.htm

2014 Course Categories

- Fun Ways to Teach Math
- Color Me Happy
- Picky Eaters: Bringing Peas and Harmony to the Table
- Autism
- Playground Safety
- Higher Order Thinking
- Building Culturally Sensitive Classrooms (Parts 1 & 2)
- Getting Our Hearts Right: Three Keys to Better Relationships (Parts 1 & 2)

For descriptions of the classes visit: www.arfamilies.org/child_care/2014



The Best Care training supports Arkansas' early childhood facilities in meeting the basic and intermediate levels of Better Beginnings.



Best Care Connected: 5 hours online

Open September 1, 2013 to June 1, 2014

To enroll visit: courses.uaex.edu

2014 Course Topics

- Caring for Foster Children in Child Care
- Small Steps to Health & Wealth
- ADHD in Children
- Setting the Stage for Learning
- Immunizations: Protecting child care providers and children

For more information visit: www.arfamilies.org/child_care/connected

Guiding Children Successfully: 30 hours of self-guided and online study

To enroll, contact your County Extension Office for materials: www.uaex.edu/findus/county_offices.htm
or visit: courses.uaex.edu.

GCS Video Series

1. Effective Motivation for Children
2. Guiding Children with Love and Good Sense
3. Teachers and Parents Working Together
4. Teaching Children Responsibility
5. Helping Children Discover Their Gifts
6. Raising Children to be Good People
7. Strengthening Couple Relationships
8. Managing Anger and Stress
9. Are Children Angels, Devils, or Clay?
10. Languages of Love
11. Choosing Quality Child Care
12. Enjoying Life with Children



More GCS Offerings

To enroll, contact your County Extension Office for materials or visit: courses.uaex.edu.

The Parenting Journey

13. Parenting Journey Map & Video
14. Welcome to Wellness
15. Live in Loveland
16. Enjoy the View at Insight
17. Find Your Way to Character Heights
18. Don't Miss Discovery Point
19. Settle in at Reunion Springs
20. Parent Guide

See the World Through My Eyes

21. Enjoy Your Child; Cooing; Colic & Crying
22. Reading; Sleeping; Exploration
23. Separation Anxiety; Scratching, Biting, & Hitting; Potty Training
24. Negativism; Picky Eaters; Sharing
25. Non-compliance; Language; Sibling Rivalry
26. Limits/Disobedience; Rough & Tumble; Lying
27. Fear; Media; Chores & Helping
28. See the World Through My Eyes

Managing Stress: Turning Challenges into Blessings

- 29-30. Managing Stress: Workbook

Getting Our Hearts Right: 3 Keys to Better Relationships

31. Introduction
32. Biases
33. Humility
34. Compassion
35. Positivity

These training opportunities
brought to you by the



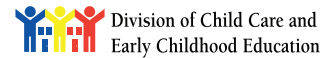
**DIVISION OF AGRICULTURE
RESEARCH & EXTENSION**

University of Arkansas System

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Have questions?

Visit us on the web at www.arfamilies.org/child_care

Follow Best Care and Best Care Connected on facebook and twitter



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