



# Lonoke County EHC



Delivering practical knowledge backed by leading-edge research for more than 100 years!

**Summer 2014**

## University of Arkansas Research & Extension

### Lonoke County Extension Service

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*Dianna Bowen*

Dianna Bowen  
County Extension Agent-  
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Sciences/4-H

### Council Officers

**President**  
Glea Williams

**Vice-President**  
Peggy Williams

**Secretary**  
Margaret Kinley

**Treasurer**  
Jeraldine Brown

AEHC Website:  
[www.arkansasextensionhome  
makers.org](http://www.arkansasextensionhome<br/>makers.org)

## Lonoke County Extension Homemaker Clubs

England EHC – 3<sup>rd</sup> Monday, 2:00 pm  
President – Patsy Pettit  
Meets at England Community Building

Lonoke EHC – 4<sup>th</sup> Monday, 6:00 pm  
President – Mattie Wade  
Meets at the home of club members

The Quilters EHC – 2<sup>nd</sup> Thursday, 6:00 pm  
President – Judy Douglas  
Meets at the Lonoke Extension Office

Sylvania Tri-Community EHC–2<sup>nd</sup> Tuesday, 10:00 am  
President – Margaret Kinley  
Meets at Old Austin Methodist Church

Sewing Sew Simple – EHC/4-H Sewing Club – 2<sup>nd</sup> Saturday, 9:00 am  
President – Cynthia Thompson  
Meets at the County Extension Office

Woodlawn EHC – 3<sup>rd</sup> Thursday, 1 pm  
President – Alice King  
Meets at Woodlawn Community Center

## Holiday Foods Cookbook

There has been discussion of compiling a cookbook of favorite Holiday recipes in conjunction with our Holiday Foods Workshop for November. The idea was to collect recipes from EH members along with the story behind the recipe and put them into a simple cookbook to be distributed at the workshop on November 18. Anyone interested in helping with or contributing recipes for this cookbook please let Dianna or Glea know.



## Calendar of Events

July 22-23 – Cooking Day Camp, 9:00 am, County Extension Office  
July 29-30 – Beginning Sewing Day Camp, 9:00 am, County Extension Office  
August 1 – Rice Expo – 9:00 am, Grand Prairie Center, Stuttgart (see article)  
August 5 – Fair Planning Meeting, 10:00 am, County Extension Office (see article)  
August 19 – Leader Training, 10:00 am, County Extension Office, Six Ways to Live Longer  
August 19 – Workshop, 12:30 pm, County Extension Office, Breast Cancer Pillows Service Project  
August 22 – Extension Wellness Rally (formerly Strong Women and Men), 8:00-5:00, 4-H Center (see article)  
August 26 – FCS Subcommittee Meeting, 6:00 pm, County Extension Office  
September 2 – EHC Board Meeting 1:00 pm, County Extension Office (Subcommittee Meeting following)  
September 15-20 – Lonoke County Fair  
October 1 – Registration and lunch money due for District EHC Meeting in Brinkley  
October 21 – Leader Training, 10:00 am, County Office, Being a Positive Influence with Grandchildren (kids)  
October 21 – Workshop, 12:30 pm, Blue Jean Apron (bring Christmas fabric for trim if you wish)  
October 23 – Delta EHC Presidents Day, Brinkley (not just for presidents, excellent training for EHC members)  
November 3 – Board Meeting, 1:00 pm, County Extension Office  
November 18 – Leader Training, 10:00 am, TBA  
November 18 – Workshop, 12:30 pm, Holiday Foods



### Who's In Quilter's Hit at State AEHC Meeting

An added event at the state Extension Homemakers meeting this year was a Talent/Variety Show on Thursday evening. Peggy Williams and Carolyn Jones presented our EH version of the classic Abbot and Costello bit "Who on First". Having changed the players on a baseball team with county extension homemakers' club names it was a big hit.

The ladies had a wonderful time attending sessions on everything from how to care for heirloom quilts to the importance of learning about your ancestors and family history. There were classes on new food preservation products and how to judge preserved foods at the fair. There is always lots to do at the state meeting. Plan now to attend next year's meeting, June 2-4, 2015.

### Fair Planning Meeting

It's that time of the year again ladies. Time to start thinking about the Lonoke County Fair. We will have a fair planning meeting at the county extension office on Tuesday, August 5 at 10:00 am. We will need ALL the fair superintendents and as many of the helpers as possible to attend this meeting, so please pass the word along to anyone who might not get this newsletter. I am going to be out of state at a national professional development meeting the week of the fair and will not be here to help so we need to make sure everything is planned and prepared for during this meeting. Please make a list of any concerns you have that we need to discuss and bring them with you that day. Thanks for all you do in helping with the county fair and making the educational building the success that it is. I look forward to seeing you on August 5.

The Arkansas Cooperative Extension Service is an equal opportunity/equal access/affirmative action institution. If you require a reasonable accommodation to participate or need materials in another format, please contact your County Extension office as soon as possible. Dial 711 for Arkansas Relay.