



Lonoke County EHC

Spring 2013

University of Arkansas Research & Extension

Lonoke County Extension Service

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Council Officers

President
Patsy Pettit

Vice-President
Britty Doods

Secretary
Evelyn Reynolds

Treasurer
Ruth Baker

AEHC Website:
[www.arkansasextensionhome
makers.org](http://www.arkansasextensionhome
makers.org)

What it means to be a part of Extension Homemakers

The mission of Extension Homemakers is to empower individuals and families to improve their quality of living through continuing education, leadership development, and community service. Lonoke County Extension Homemakers help extend the resources of the University of Arkansas Division of Agriculture Cooperative Extension Service into their communities through educational opportunities and community service projects. By being a member of Extension Homemakers, you will have the opportunity to learn with others, make new friends, and contribute to your community, county and state. EH members belong to one of the largest adult volunteer organizations in Arkansas. Programs are planned by our membership. This plan-from within philosophy adds new dimensions to our educational programs, which focus on issues affecting our community, our families and our world. Interested in finding out more, contact the Lonoke County Cooperative Extension Service.

Lonoke County Extension Homemaker Clubs

Butlerville EHC
President – Dorothy Williams

England EHC – 3rd Monday, 2:00 pm
President – Peggy Williams
Meets at England Community Building

Lonoke EHC – 4th Monday, 6:00 pm
President – Mattie Wade
Meets at the home of club members

The Quilters EHC – 2nd Tuesday, 6:00 pm
President – Karen DeVinney
Meets at the Lonoke Extension Office

Sylvania Tri-Community EHC–2nd Tuesday, 10:00 am
President – Evelyn Hoggard
Meets at Old Austin Methodist Church

Woodlawn EHC – 3rd Thursday, 1 pm
President – Alice King
Meets at Woodlawn Community Center

All meetings and activities announced in this newsletter are open to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office as soon as possible prior to the activity.

Activities & Events

Calendar of Events

- Feb. 19 – Leader Training – Prescription Drug Abuse, 10 am, County Office
Feb. 19 – Jacket Workshop – taught by Karen Ellis, 11:30 am, County Office
March 4 – Board Meeting – 1 pm, County Office
March 13 – AEHC Spring Workshop – Ferndale (must be pre-registered)
March 19 – Leader Training – Cooking Like Grandma, 10 am, County Office
March 19 – Round Robin Crafts Workshop – 11:30 am, County Office
(Please let Patsy know if you are coming so we can make sure there are enough supplies for each craft. Have lunch before you come.)
April 2 – AEHC State Conf. Registration Due (Check with your local president, Patsy Pettit, or Ruth Baker for local deadlines.)
April 16 – Leader Training – Clothing changes, 10 am, County Office
April 16 – Basket Gifts Workshop, 11:30 am, Have lunch before you come.
May 6 – Program Planning Meeting, 9 am, County Office
May 6 – Board Meeting, 1 pm, County Office
May 20 – Spring Council, 6 pm, Woodlawn
May 21 – Leader Training – Changes in American Families, 10 am, County Office
May 21 – Workshop, 11:30 am, County Office, Eat lunch before you come.
May 31 – Strong Women and Men Rally, Searcy, requires registration
June 4-6 – AEHC State Convention, Hot Springs Convention Center

Statewide Cookbook Drive Planned

Arkansas Extension Agents – Family and Consumer Sciences as members of the National Extension Association for Family and Consumer Sciences – Arkansas Affiliate (NEAFCS-AR) are conducting a cookbook drive to provide donations to the Arkansas Cookbook Collection and to provide a fund-raiser for projects related to their upcoming 75th anniversary.

Here's how it works!

Individuals can donate new or gently used cookbooks to NEAFCS-AR at their county Extension offices. Cookbooks will be checked against the U of A Library Archives to see if they meet the criteria for donations. The project is a collection of cookbooks with recipes from Arkansas cooks. Cookbooks that do not qualify for the Arkansas Cookbook Collection will be sold at NEAFCS-AR Cookbook sales to raise money for the association's 75th Anniversary projects.

Cookbook sales will be hosted at upcoming Arkansas Extension Homemaker Council Spring Workshop on March 13th and at the AEHC Conference in June..

[For more information on the Arkansas Cookbook Collection, see <http://researchfrontiers.uark.edu/6324.php>](http://researchfrontiers.uark.edu/6324.php)

For more information on the NEAFCS-AR Cookbook Drive and sale contact Dianna Bowen, Extension Agent for Family & Consumer Sciences, Lonoke County, 501-676-3124.

EHC Members enjoy learning new skills

Round Robin Workshop Huge Success!



If you missed the Round Robin Craft Workshop on January 22, you missed a very interesting, enjoyable time. There was a large group with visitors from Jefferson, Pulaski, and Faulkner Counties. With five different crafts and one surprise activity the ladies enjoyed learning new skills and meeting new people. And the refreshments weren't bad either.

Karen Ellis taught the ladies how to take a piece of rope and turn it into a Love Knot. Britty Dooms showed them how to make a snowman face ornament. They had the opportunity to do two projects at the table with Margaret McKinley. One craft used plastic spoons to create a magnolia blossom and the "surprise" for the day was to make a Valentine gift from a roll of toilet paper. What will they think of next?

At Peggy Williams's table round pieces of fabric and tulle were used to make a beautiful brooch. But the busiest table of the day was where Judy Douglas was giving instructions on how to use beads to make everything from a zipper pull to earrings.

If you missed it, don't despair. We have another Round Robin Craft Workshop scheduled for March 19. There is also the Jacket Workshop on Feb. 19 and Basket Gifts on April 16. If there is something you would like to learn or teach contact Patsy.

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For those of you on Facebook you can like my extension page to get tips and announcement. Just look for UAEX Lonoke County FCS

Or follow my on Twitter – search for UAEX Lonoke