April 2016

Dear Lonoke County 4-Hers:

Corny joke for the month: If April Showers bring May Flowers, what do Mayflowers bring? … Pilgrims! Ok so April also brings warmer weather – great for getting out and working on your 4-H projects 😊

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April

- 1-2 Vet Science Trip to OSU Open House
- 4 4-H Yoga @ Cabot Library 4pm
- 6 Yoga for Kids @ England Elementary
- 12 4-H Programs @ Cabot Library 4pm
- 12 Lonoke Co. Rice Queen Contest 6pm
- 17 Outdoor Adventurers 4-H Meeting
- 18 4-H Yoga @ Cabot Library 4pm
- 20 Farm to You @ Carlisle Elementary
- 21 Safety Day @ Lonoke Elementary
- 22-23 Camp Leadership Workshop – Advanced
- 25 Yoga for Kids @ Carlisle Elementary

May

- 2 4-H Yoga @ Cabot Library 4pm
- 3 4-H Program @ Cabot Library 4pm
- 4 Yoga for Kids @ England Elementary
- 16 4-H Yoga @ Cabot Library 4pm

June, July, August

4-H Camps & Contests!!!
4-H Poster Contest
The 4-H Poster contest is open to all 4-H members ages 9-19. Posters should be 14" x 22" and may be horizontal or vertical, but cannot contain any copyrighted material such as cartoon characters and cannot have any three dimensional items on them. The 4-H members' name, age, county, full address and brief interpretation of art work must be affixed to the back of the poster in the upper left hand corner. The top ten winners will be recognized at District 4-H O-Rama. The theme for 2016 is “I am...4-H” or you can create a theme and poster to go with it. The deadline for this year's poster art contest will be Friday, April 22, 2016.

State 4-H Opportunities
Veterinary Science Camp (11-19 year olds)
- June 27-29
- Registration opens April 15
- Held at Arkansas Tech University in Russellville
- $125

STEM Camp (9-14 year olds)
- July 5-7
- Registration due June 15
- $170

Cloverbud Camp (5-9 year olds - parent or guardian must attend)
- July 8-10
- Registration due June 15
- $170

Jr. Camp/Adventure & Challenge Camp (Jr. Camp - 9-12 year olds, A/C camp - 13-15 year olds)
- Session I: July 11-13
- Session II: July 18-20
- Registration due by June 15th
- $170

Ross Photography Contest
Ross Photography is open to 4-H members 9-19. Each 4-H member may enter one photo in each category: Color Living, Color non-living, Black & White Living, Black & White Non-Living. Remember plant photos are non-living. All photos must have been taken in Arkansas during the 2015 year. Name, age, date, location, and negative/CD must accompany photograph. Deadline to turn photos in is May 20th.

New Cabot Library Program
Lonoke County 4-H is partnering with the Cabot Library on two new afterschool programs! The first Tuesday of every month at 4pm, Mrs. Sara Beth will be teaching a 4-H STEM activity. Also, Yoga for Kids, a 4-H program, will be offered every other Monday at 4pm. Upcoming dates are April 4th & 18th for Yoga and April 5th for STEM!

Teen Leader Conference
The Arkansas 4-H Teen Leader Conference is a three-day conference for 4-H members ages 14–19. The conference prepares teens for leadership responsibilities in their local clubs and counties. The 2016 conference will be held June 7-9 at the Arkansas 4-H Center. State 4-H officers and Arkansas 4-H Ambassadors assist with the conference and are expected to arrive one day prior to delegates. The registration fee is $160 and covers two nights’ lodging; five meals beginning with dinner on first day through breakfast on last day; insurance; cost of T-shirt; and other program expenses. Lonoke County 4-H Foundation will cover half of the registration costs for youth. We highly encourage 4-H teens to take advantage of this opportunity! The state registration deadline is May 2 via 4-H Online.
*Teen Leaders*

* School Enrichment program dates:
  - Farm to You Carlisle Elementary – April 20th
  - Safety Day Lonoke Elementary – April 21st
  - Teen Leader Conference: Ages 14-19. June 7-9, $160 (half scholarships available)

4-H Judging Team

The 4-H Judging Team has moved practices to Tuesdays. They practice on Tuesdays from afterschool until 5:30pm at the Extension Office. They are training teams for Beef Quiz Bowl, Dairy Judging, Dairy Quiz Bowl, Livestock Judging, Livestock Skills, and Poultry Judging. You can train for one or you can train for all! If you are curious about the program, just come check out a practice!

Lonoke County 4-H Judging Team

Outdoor Adventurers 4-H Club

The new Outdoor Adventurers 4-H Club in Keo/England will have their next meeting on Sunday, April 17th! The meeting will be at 3pm, held at the Keo United Methodist Church. Please help us spread the word! We will be learning all about Soybeans!

Vet Science Meetings

The next meeting of the Vet Science SPIN group will April 18th at 6pm. The March meeting’s lessons will be Chapter 12, lessons 5 and 6. We will learn about Veterinary Biological Products and Disinfectants. Remember, you can start in the Vet Science program anytime throughout the year, we just ask that you be at least 13 years old!

Prairie and Lonoke County 4-H teens spent part of their spring break touring the Witt Stephens Jr. Central Arkansas Nature Center and Arkansas River Trail in downtown Little Rock. While at the Nature Center, they participated in a Geocaching activity where they learned to use coordinates to locate four small geocaches. By combining GPS technology, sleuthing, and outdoor exploration, geocaching engaged them in an educational tour of the nature center.

Good Luck to Lonoke County 4-H’s two senior SeaPerch teams! They are competing April 2nd at the 4-H Center in the first ever Arkansas 4-H SeaPerch Challenge. Each team built an underwater Remotely Operated Vehicle and tested it. At the competition they will have to electronically guide it through obstacles and complete challenges. Participants are Mark B., Joey S., Gavin W., Hunter S., Jonathon S., and Caleb S.