Introducing: 4-H Project Night
One of the priorities set by the 4-H survey was to create awareness of the variety of 4-H project areas. So we are introducing 4-H project nights! Each month we will explore a new project area. Project nights will be the third Thursday of each month at 6pm, starting in October. October’s project will be the National Youth Science Day project, Drone Discovery! Drone Discovery explores the engineering design and flight principles of drones. The activities demonstrate how drones and remote sensing can be used to solve real-world problems. November’s project will be Foods & Nutrition – baking cookies! December’s project will be Wildlife! So come to one, or come to all! Can’t wait to see you there!

Teen Leader Meeting
We will have our next Teen Leader Meeting November 1st at 6pm. Open to all members ages 13-19. We will elect officers for the new 4-H year, and then do a citizenship activity. Come join the fun 😊
It’s Re-Enrollment Time!
As of September 1, all youth and adults on 4-H online we set to “inactive.” Re-enrolling only takes minutes! Log in using your email address and password (if you forgot, no worries, they will email you!). Beside each youth you will click “Edit”, scroll down to select “Re-enroll for 2016-17”, make sure all the information is up-to-date, and finally make sure you click “Submit enrollment” at the end! Get started now by visiting the website: https://arkansas.4-Honline.com. Don’t delay - you have to be enrolled in order to receive newsletters and participate in county, district, and state activities, including Lonoke County Fair in a few weeks! If you have any issues, call the office at 501-676-3124 and we will walk you through it!

Cabot Library 4-H Club
Cabot Library will have a 4-H meeting and program the last Tuesday of each month, at 4pm! October’s meeting will be on the 25th. This will be a great way to get more 4-H involvement in the Cabot area. Spread the word to your friends and family in the Cabot area. If you are interested in helping or joining this club, let Mrs. Sara Beth know!

4-H Judging Team
The 4-H Judging Team will practice November 1st and 15th from 4:30pm until 5:30pm. Join us to learn about judging dairy, beef cattle, sheep, pigs, goats, and poultry! We also compete in beef and dairy quiz bowl. For more information, email: sbjohnson@uaex.edu

Vet Science Meetings
We will have some changes from our normal schedule, due to things like first day of school, fair, and holidays. The Vet Science Meeting dates through the end of the year are: October 17th, and December 19th. October’s lessons will be Chapter 14, Lessons 1 and 2. We will learn about Surgical Instruments & Terminology and Surgical Preparation & Procedures!

Volunteer U Conference
The Multi-State Volunteer U Conference will be held at the Arkansas 4-H Center. This multi-state educational conference is for 4-H volunteers, wanting to learn fun, creative and innovative techniques for fostering positive youth development. The Conference starts at 2:00 pm on Friday, November 11th and runs through Sunday, November 13th at 1:00 pm. Sessions will include 4-H Club Management and Volunteer Best Practices, Positive Youth Development, 4-H Science (STEM) programs, Healthy Living programs, Citizenship/Leadership programs, fun shops, and more! For more information on registration, contact Sara Beth at 501-676-3124 or sbjohnson@uaex.edu.

Lonoke Library Yoga Days
Lonoke Library will be hosting 4-H Yoga Days on the first Monday of each month at 4pm, starting in November. Come out and work on your balance, flexibility, and strength, while having a great time!

Save the Date – 4-H Banquet
We have a date set for the 2016 Lonoke County 4-H Achievement Banquet. It will be Friday, December 9th beginning at 6pm. Hick’s Farm is allowing us to use their barn this year. This is always a fun night to celebrate the achievements of all of our 4-H members. More information on food will be released soon after plans are finalized. Mark your calendars now, and make plans to attend!
**Teen Leader Citizenship Workshop**
The Lonoke and Prairie County 4-H Teen Leaders will have a Citizenship Workshop on **Monday, November 21st from 9am-3pm** at the Lonoke Extension Office. 4-H’ers will have the opportunity to experience what it’s like to be a freshman in the U.S. House of Representatives through the “Congressional Insight” simulation hosted by Arkansas Farm Bureau. This will be an awesome activity, and will be especially relevant during November’s election season.

**4-H Calendar**

**October**
3 World Dairy Expo - Judging Contest
3-7 National 4-H Week
14-24 Arkansas State Fair
17 Vet Science Meeting - 6pm
20 4-H Project Night - “Drone Discovery”
25 Cabot Library 4-H Club - 4pm
28 Farm to You - Lonoke Elementary
31 Farm to You - Lonoke Primary

**November**
1 Judging Practice - 4:30pm
1 Teen Leader Meeting - 4pm
4-5 National Dairy Quiz Bowl - Louisville, KY
7 4-H Yoga - Lonoke Library - 4pm
15 Judging Practice - 4:30 pm
17 Project Night - “Foods & Nutrition: Cookies”
21 Teen Leader Citizenship Workshop
24 Thanksgiving
29 Cabot Library 4-H Club - 4pm

**December**
5 4-H Yoga - Lonoke Library - 4pm
6 Judging Practice - 4:30 pm
9 4-H Achievement Banquet
15 Project Night - “Wildlife”
19 Vet Science Meeting - 6pm
25 Christmas

Lonoke County 4-H’ers Hunter S., Joey S., Emily D., and Caleb S. represented Arkansas 4-H at the World Dairy Expo in Madison, Wisconsin on October 3rd. They competed in the National 4-H Dairy Judging Contest were they judged 5 classes of dairy heifers, 5 classes of dairy cows, and gave 5 sets of reasons!

**National Pork Month – Fun Facts**
Did you know October is National Pork Month? We have several 4-H’ers with swine as their 4-H projects. Check out the infographic below for some fun facts about pork and the swine industry!