

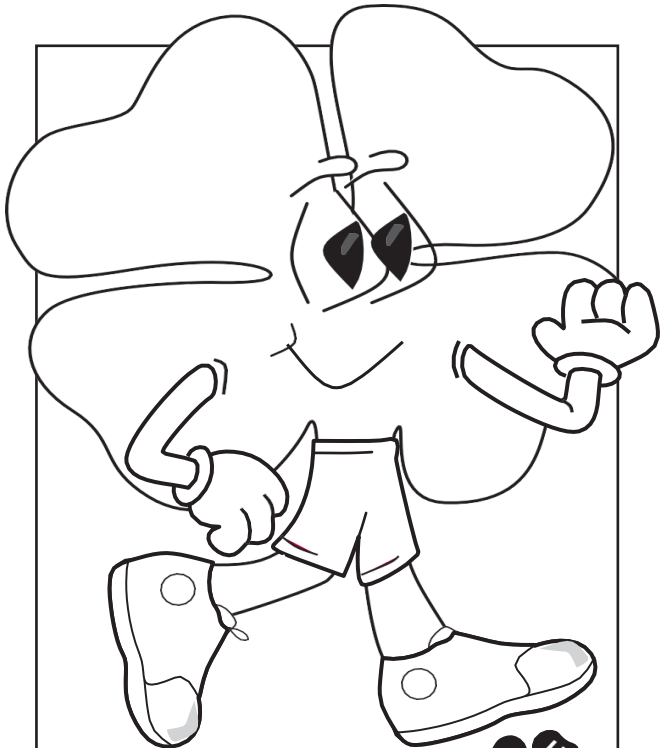
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**UofA**

**DIVISION OF AGRICULTURE  
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# What is 4-H?

4-H is a fun and educational program where kids “learn by doing.” It’s a great opportunity for youth to acquire knowledge and skills, and develop healthy lifestyles they can use the rest of their lives. In Arkansas, it takes the form of community clubs, and project groups. 4-H is part of the University Of Arkansas Division Of Agriculture and reaches more than 143,000 youth.

# Who can join?

Anyone age 5-19 can join 4-H. 4-H happens wherever kids live — in large cities, small towns, and on farms.

# Come Join the Fun!

The faces of 4-H kids are as diverse as the activities in which they take part. Some of our exciting programs include:

- **Science and Technology**
- **Health, Food and Nutrition**
- **Camping**
- **Community Service**
- **Citizenship and Leadership**
- **And So Much More**

Although there are several ways to be involved, 4-H clubs offer the most fun and excitement. 4-H clubs are made up of adult volunteers working with a group of young people who want to learn new things, meet new people and have a good time along the way!

# Best of all, participation in 4-H is free!

The programs are available in each of our 75 counties! Come be a part of something meaningful. To learn more, contact the Izard County extension office at 870-368-4323 or visit us online at [www.uaex.edu/izard/](http://www.uaex.edu/izard/).

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