



# Izard County 4-H Family Guide

## **IZARD COUNTY COOPERATIVE EXTENSION OFFICE**

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### ***Our Staff:***

***Michael Paskewitz – Agriculture Agent- Staff Chair***

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All meetings and activities announced in this guide are open to all youth between the ages of 5 and 19 without regard to race, color, national origin, religion, gender, or disability. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office as soon as possible prior to the activity.

The IZARD County 4-H Guide has been prepared to give you an overview of the purpose of the 4-H program as well as a brief look at the many opportunities available to your family.

We find that behind most successful 4-H members stands a 4-H parent who encourages, guides, and supports his or her child. We hope you too will become interested in the 4-H program by helping your child. Make 4-H a family affair.

4-H offers an opportunity for young people to participate in projects that help them learn how to make decisions and do tasks in the home, school, or community. Members use their head, heart, hands, and health to learn by doing.

<p>4-H members have the opportunity to:</p> <ul style="list-style-type: none"><li>* Be leaders and followers</li><li>* Learn by doing</li><li>* Accept responsibility</li><li>* Practice citizenship</li><li>* Earn recognition and awards</li><li>* Build character</li><li>* Maintain records</li></ul>	<ul style="list-style-type: none"><li>* Attend camps</li><li>* Get along with others</li><li>* Make decisions</li><li>* Exhibit their efforts</li><li>* Be a part of a positive peer group</li><li>* Receive scholarships</li></ul>
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The adults working with your local 4-H club are volunteers. They share their time, talents and caring attitudes to help create a positive learning experience for the children.

It costs nothing to join 4-H. We receive no outside funding, so we will have various fundraisers throughout the year to support our organization. The IZARD County 4-H Foundation oversees the spending of funds.

## 4-H EMBLEMS AND SYMBOLS

**EMBLEM:** The national 4-H emblem is a four-leaf clover with the letter "H" on each leaf.



**THE 4-H'S:** The 4-H's stand for *Head, Heart, Hand* and *Health*. These 4-H's represent the four fold training and development in which members participate. This meaning is given in the pledge below.

**PLEDGE:**

All 4-H members should learn the 4-H pledge.

*I pledge:*

*My HEAD to clearer thinking,  
My HEART to greater loyalty,  
My HANDS to larger service, and  
My HEALTH to better living,  
for my club, my community, my country, my world.*

**MOTTO:**

"To Make The Best Better"

**SLOGAN:**

"Learn By Doing"

**COLORS:**

Green and white are the 4-H colors. The white background of the flag symbolizes purity; the green 4-H emblem is nature's most common color in the great outdoors and is the color of springtime, life and youth.

## **WHAT IS 4-H?**

4-H is the official youth organization of the Cooperative Extension Service, a division of the University of Arkansas. It is an informal education program for boys and girls. 4-H is conducted locally by volunteer leaders in cooperation with County Extension personnel.

4-H is young people sharing, doing, and learning together in all kinds of projects, events and activities with guidance from their families, volunteer leaders and Extension personnel. Members choose projects that fit them and the places where they live, both urban and rural. Group activities such as meetings, workshops, tours, camps, and competitive activities provide additional learning experiences.

Volunteers serve as 4-H leaders to plan and carry out organized learning experiences with youth. Many of the learning experiences are at the local club level. The many County, Regional and State activities supplement and support those activities carried out at the local level.

During club meetings, members conduct business, share ideas, learn new skills, participate in decision making, and enjoy recreational activities.

## **WHY AND WHEN DID 4-H ORIGINATE**

4-H work, as we know it, began around 1900 as a means of reaching parents with improved farm and home practices. American farmers had experienced poor economic times for 30 years. It was risky business for them to try a new recommended farm practice. In 1902, a few school teachers developed some crop demonstrations with their students who, in turn, shared their successes with their parents.

These school projects developed into small groups covering a single topic such as beef, corn, gardening, and canning. By 1903 they were called 3-H clubs and in 1911 the name 4-H was finally adopted.

The first 4-H type club in Arkansas is reported to have been in White County in 1908. It was a corn club with 40 members. Corn clubs, cotton clubs, pig clubs and canning clubs were all in operation in Arkansas by 1914.

Have the 4-H objectives changed since the early days? Yes! Today, members are no longer limited to agriculture projects. 4-H offers the urban as well as the rural young person the opportunity to learn, to develop leadership abilities and become informed and effective citizens.

## **4-H AWARDS AND REWARDS**

4-H offers a variety of awards and rewards such as trophies, ribbons, certificates, pins, trips and cash scholarships. In addition to these material awards are the personal rewards of accomplishment and self-satisfaction of the child by knowing that they have done their best. A special 4-H Recognition Banquet held annually honoring our 4-H members and volunteer leaders. It recognizes 4-H'ers who excel in their projects and activities. Leaders are also recognized for their contributions to 4-H.

## **4-H PROJECTS**

A 4-H project is what a 4-H'er learns, makes or does; example: learn to grow a garden, make a dress, or train a dog.

4-H members should take at least one project each year and complete records for that project. Younger 4-H'ers should limit themselves to one or two projects per year. Older 4-H'ers may want to take three or four. The family of a 4-H'er should take an active interest in his/her project. They should assist, encourage, offer advice, but remember, **the 4-H'er learns by doing.**

## **4-H Record Books**

The Arkansas 4-H Record Book is one place to show others what you have accomplished in your 4-H career. Completing the record book is much like completing a portfolio. Through your record book, you show your accomplishments and how you have developed responsibility by keeping records. Throughout your 4-H career, you will find your record books useful in evaluating past achievements and in making improvements in future plans. The Arkansas 4-H Record Book has four levels of guidelines: Cloverbud (5-8), Beginner (9-12), Intermediate (13-15), and Advanced (16-19). All four levels have specific guidelines. Report form covers are available free at our office. There will be workshops to explain more in-depth what a record book entails and to assist the families in putting together a record book.

## **Payment Policy for State O'Rama**

Senior 4-H members have the opportunity to attend State O'Rama which is held every summer at Fayetteville at the University of Arkansas Campus. Below are the payment policies for this event effective September 1, 2015, pending available funds:

- Attend County & District O'Rama □ County Pays 100% of the registration fee pending available funds.
- Attends only County or only District □ County Pays 50% of the registration fee
- Don't attend County or District O'Rama □ 4-H'er pays 100% of the registration fee

# WHO'S WHO IN IZARD COUNTY 4-H

## **4-H Member**

Any youth between the ages of 5 and 19, who participates in a 4-H Community Club, a 4-H School or Special Interest Program, or a 4-H Project Group or Club.

## **4-H Cloverbuds**

Any youth ages 5-8, who participates in any of the clubs or groups. Cloverbud members are not eligible to compete in district competitive activities; however, they may participate in educational activities. Most all county activities have a Cloverbud Division.

## **Junior and Senior 4-H Members**

4-H members are divided into two divisions for most competitive activities. Junior members must have reached their 9th birthday and have not passed their 14th birthday, as of January 1 of the current year. Senior members must be 14 on or before January 1 of the current year and must not have passed their 19th birthday by January 1.

## **Main or Organizational Leader**

A volunteer who is responsible for the organizational part of a 4-H club.

## **Project Leader**

A volunteer who helps 4-H members as they learn, make or do something. This person can be a 4-H parent who agrees to help with a project. It may also be a teen leader or a person from the community who has knowledge in a particular subject matter or project area.

## **Teen Council Member**

A 4-H member who is 13 years of age or older is eligible to apply to become a member of the Teen Council. Council Members assist with activities such as the County Banquet, Camp Counselor, assisting with educational programs, and other various events throughout the year.

## **State Teen Star**

A 4-H member: – Must be 14 years old as of January 1 of the current year and no more than 18 as of January 1 of the current year. Should have completed two years of work as a 4-H member, and should be an active 4-H member at the time of application. Must display the following qualities: Leadership ability, Integrity of character, demonstrating high moral standards and high goals. Show outstanding achievement in both project and service activities, ability to work with others, positive attitude, interest in the 4-H program, and a general interest in organizations and activities for youth development.

## **State Ambassador**

A 4-H member must first be recognized as a 4-H Teen Star and may apply for ambassador the following year you received Teen Star. The applicant must be 15 years old by January 1 of the year application is submitted but not be 19 years of age during the calendar year in which the application is submitted

## 4-H PARENT RESPONSIBILITIES

Parent interest and encouragement are major influences on young 4-H'ers. If parents are involved right from the beginning, chances are greater for a successful 4-H experience.

- **Assist** child in selecting a 4-H project they will enjoy.
- **Read** the project book your child receives. You'll find ways you can help your child with the project.
- **Attend** 4-H club meetings and activities with your child. This will help you understand the type of assistance your child needs.
- **Read the 4-H mail that comes to your home.** This will help keep you up to date and you will be able to remind your child of upcoming events and due dates.
- **Offer to assist** the 4-H club leaders with specific tasks.
- **Volunteer** to be in charge of refreshments occasionally at club meetings.
- **Share** a hobby, skill, or interest of yours with 4-H club members during a meeting workshop.
- **Support** each and every child in the 4-H Program!

\* Assist your child in keeping records on his/her 4-H work. 4-H members keep a written record of what they do in 4-H which is turned in to the County Extension Office in January. This includes 4-H project work, demonstrations, awards received, leadership positions held, and community service involvement.

## 4-H MEMBER RESPONSIBILITIES

- Complete an "Application for 4-H Membership" form online.
- Order 4-H project books & do the activities in the book. (Members are not limited to activities in the book and may want to do other activities relating to the project.)
- Attend and participate in 4-H club activities, community service, and fund-raising.
- Read all 4-H e-mails that are sent out as well as mail that is sent to your home.
- Keep a current and up-to-date 4-H calendar of meetings and activities. Ask parents to remind you of upcoming events and due dates.
- Serve as a club officer or on a committee when asked.
- Prepare a written record of your 4-H project work (record book) and turn it in to the county office.
- Keep parents informed about 4-H meetings, projects, and activities.
- Conduct yourself at all times in a manner that would be a credit to you, your family, your 4-H club, and the county.
- Talk about 4-H to friends and invite them to become 4-H members.

## **Welcome to Arkansas 4-H Online! Here's how to get started!**

### **Enroll in 4-H**

To register for an Arkansas 4-H event, you must register online using the Arkansas 4-H Online management system. You will need a computer, internet access, and a web browser. 4-H online works best with Google Chrome or Firefox. If you don't have internet access, call the Extension Office to set up a time to come by and enroll.

1. Open your internet browser and go to <https://arkansas.4honline.com>.
2. Click "I need to setup a profile."
3. Select your county from the drop down menu.
4. Fill in the fields marked Email, Confirm Email, Last Name and create a password you will remember.
5. Select "Family" on the Role drop down menu.
6. Click "Create Login."
7. Follow the on-screen prompts and complete the Volunteer Section to register your family and all family members involved in 4-H as members or volunteers (this is for youth and adults). For example; if a youth serves as a club officer, on the Expansion and Review committee, etc. then mark "yes" on the volunteer section. If an adult is a club volunteer with completed youth protection forms on file in the county Extension office, then mark "yes" in the volunteer section. Fields marked in bold are required.
8. On the "Club" tab, select at least one club for membership. You may add additional clubs as needed. For example, select your community club and project clubs to which you belong.
9. On the "Projects" tab, you must select at least one 4-H project. You may add additional projects as needed. If you wish to order a project book, please contact your County Extension Office.
10. On the "Groups" tab, select any groups you participate in or wish to join in the future.
11. If you are a youth, your registration will be submitted to your county extension office, where an agent will review your application. If you have to make any corrections, they will contact you by e-mail. Once complete and correct, the agent will approve your enrollment.
12. After entering all family members, please log out of Arkansas 4-H Online.

***Tip: Do not hit your browser's "Back" button while within the 4-H Connect system!***

### **Register for Activities**

1. When approved, you may log in to your account by clicking "I have a profile" and providing your email address and password.
2. On the "Member List" page, scroll to the bottom of the page and select a member from the "Register a member for an event" drop down menu. Select the event you are registering for. Only events that a member is eligible for will be shown.
3. After you register, your county extension agent will review your registration and approve.

**Questions about Arkansas 4-H Online?** Contact the County Extension Office at (870) 368-4323 or through e-mail at [kdement@uaex.edu](mailto:kdement@uaex.edu)



## **4-H Clubs in IZARD County**

4-H offers two types of clubs. A community based club will cover a variety to topics and projects ranging from S.T.E.M., healthy living, to agriculture. A project club will focus their educational efforts to a limited project area. For specific club meeting dates and locations, contact the Extension Office at 870-368-4323.

### **Community Clubs**

#### **Lonestar 4-H Club**

Leader: Natasha King

A community oriented club that meets in Mt. Pleasant.

#### **Hillbilly 4-H Club**

Leader: Jamee Morehead & Jessica Crider

A community oriented club that meets in Brockwell.

#### **Wideman 4-H Club**

Leader: Kenny & Sue Stapleton.

A community oriented club that meets in Oxford.

#### **Melbourne 4-H Club**

Leader: Erin & Seth Wortham

A community oriented club that meets at the Melbourne Elementary.

### **Project Clubs**

#### **ICC Livestock Club**

Leader: Issac Blankenship

A project club at ICC school focusing on showing livestock and parliamentary procedure

#### **Footprints 4-H Club**

Leader: Sheri Stapleton

A project club focusing on livestock that meets in Melbourne.

#### **Izard County 4-H Shooters**

Leader: Teddy Morehead & Katie Morehead

A shooting sports project club focusing on archery, shotgun, hunter safety.

# **4-H ACTIVITIES AND EVENTS**

## ***COUNTY AND STATE ACTIVITIES/ EVENTS:***

### **Project Workshops**

Educational workshops relating to various projects are conducted. Workshops may feature a variety of projects or may feature in depth training on one topic. Educational areas in 4-H include Healthy Living, S.T.E.M. (Science Technology, Engineering and Math), Agriculture, and Leadership/Citizenship. For a list of upcoming workshops, contact the County Extension Office.

### **Izard County Shooting Sports**

In addition to teaching concepts related to shooting safety and firearm responsibility, the curriculum offers opportunities for youth to develop important life skills such as citizenship, leadership, sportsmanship, ethics, critical thinking and an appreciation for natural resources. County and state competitions are scheduled to test and improve those skills.

### **Broiler BBQ & Dairy Foods Contest**

4-H'ers entering the BBQ contest will grill up a chicken breast on a charcoal grill. The top five winners will be eligible to compete in the district BBQ. The dairy foods contest is sponsored by the Farm Bureau. Contestants enter their favorite dairy dish in either the main and or party category. Winners of both categories are eligible for a state cookout also.

### **O'Rama**

4-H'ers can choose from Illustrated Talks, BB Shooting, Bait casting, Fashion Review. A complete list of the entire contest is available at the Extension Office. Junior and Senior winners are eligible to go to the district competition held every June. Senior 4-H'ers who qualify are eligible to compete at State O'Rama held every July at the University of Arkansas at Fayetteville campus.

### **District & State Horse Show**

4-H'ers owning horses and in the horse project are eligible to compete in a district horse show. State competition for 4-H'ers who have entered district 4-H shows. Winners may qualify for the Southern Regional 4-H Horse Show.

### **Teen Leader Conference**

A conference for senior 4-H'ers devoted to leadership training. 4-H'ers discuss current societal issues and plan specific state wide initiatives for teen clubs within their county. This conference is held at the C.A. Vines Arkansas 4-H center.

### **Poultry Chain**

The 4-H Poultry Chain project is designed to teach 4-H members recommended management practices for the family laying flock. Chicks provided in the 4-H Poultry Chain program will come from the commercial egg industry's disease-free flocks and have the genetic potential for very high, efficient egg production. Yearly sign-up for this project will be toward the beginning of the year. 4-Hers will receive a flock of chickens in the

spring, and bring back a pen of four to the county fair where they will be auctioned off at the Annual 4-H Poultry Chain Auction, a yearly fundraiser to help fund this program as well as various other programs held throughout the year. There is a \$10.00 charge for each set of chickens, however if the 4-H'er receives a blue ribbon at the County Fair, they will receive a \$10.00 premium prize for their chickens.

### **County Day Camp**

Each year we offer a County Day Camp program at a low cost for actively enrolled youth in IZARD County. The theme for each year's camp will vary. Information will be sent out in the spring to start enrollment on the Day Camps.

### **State Camp**

There are various State Camps held at the C.A. Vines Arkansas 4-H Center in Ferndale. At these 2 or 3 day camp opportunities, 4-H'ers, 5 - 19 participate in workshops, recreation and other learning activities. For available camps, contact the County Extension Office or visit [www.uaex.edu/camp](http://www.uaex.edu/camp)

### **Citizenship . . . Washington Focus**

CWF is a ten day educational citizenship activity involving a bus trip to Washington, DC, and a stay at the National 4-H Center. It is designed for 4-H'ers 15 and older.

### **National 4-H Conference**

Held in Washington, DC, five Arkansas delegates, 16 - 19 years old, are selected to participate in this conference.

*\*For a complete list of County, District and State Camps contact the Extension Office*

## **Social Media**

We have several social media platforms to help keep parents up-to-date and informed on 4-H Events and Activities. We have a County 4-H Group for everyone to join along with each club having their personalized club as well. Upon requesting the groups, you will be asked to provide your child's name that is currently enrolled in 4-H.

County Facebook Page: [www.facebook.com/uaex.izard](http://www.facebook.com/uaex.izard)

County Facebook Group: [www.facebook.com/groups/izard4h](http://www.facebook.com/groups/izard4h)

Footprints Livestock Club: <https://www.facebook.com/groups/footprints4h/>

Hillbilly 4-H Club <https://www.facebook.com/groups/hillbilly4h/>

Horse 4-H Club <https://www.facebook.com/groups/izardhorse4h/>

Lonestar 4-H Club <https://www.facebook.com/groups/izard4hlonestar/>

Melbourne 4-H Club: [www.facebook.com/groups/melbourne4h/](http://www.facebook.com/groups/melbourne4h/)

Shooting Sports 4-H Club <https://www.facebook.com/groups/izardshootingandsports/>

Wideman 4-H Club <https://www.facebook.com/groups/wideman4h/>

## **Izard County, District, and State 4-H Dress Code**

The dress, grooming, and manners reflect the general climate of any organization; therefore, Izard County 4-Hers are expected to wear appropriate clothing and to present a neat appearance when representing 4-H. Moderation in type and style of clothing should be the basic standard. The following clothing items are **not** permitted at 4-H activities:

- Pants, shorts, skirts, and dresses which are shorter than the fingertips of hands held at sides (arms length).
- Clothing with slits and/or cutout areas which are above the finger tips of hands held at sides.
- Any backless dress, top, or cutoff shirts that expose any part of the midriff or back.
- Clothing with revealing necklines.
- Mesh type or see-through shirts.
- Visible undergarments.
- Clothing with inappropriate or unsuitable graphics or slogans (vulgarity or obscenities and/or drug, tobacco or alcohol advertisements).
- Any clothing item that an Extension faculty member deems inappropriate.

Appropriate clothing for events that specify casual attire includes fingertip length shorts, jeans or pants, and T-shirts or sweatshirts. Business casual attire includes shirts with slacks or pants including khakis and dress denims. Semi-formal and formal attire includes coat and tie and slacks for males and dressy dress or pantsuit or party dress for females. Semi-formal and formal attire should be age-appropriate for the youth and should be moderate in type and style. Extension staff and adult volunteers are responsible for enforcing this policy at all 4-H events.

**Adopted November, 2010**