

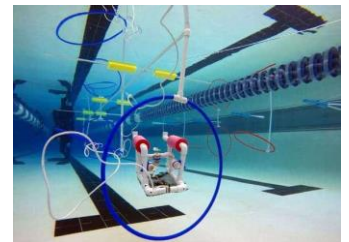


CLOVER CREWS NEWS

November 2020

STEM - SeaPerch Meeting

Monday, November 16 at 4:30 the STEM club will meet at the EH Center to start preparing for this year's upcoming SeaPerch Contest. If you think you would like to join a team, this meeting is for you!!! You must be 9 to compete!! We will be having other STEM opportunities for the younger ones soon. Call the office to RSVP to the meeting. Covid -19 protocol must be followed. We are limited on number of people who can attend meeting.



Holiday Craft Workshop Reminder!



There will be a Holiday Craft Workshop on November 24 at the EH Center. The cost of the workshop is \$10. You must RSVP by November 13; space is limited for both the morning and afternoon group.

****Please take notice**** We will be splitting up in groups this year by ages. Ages 5-9 will be Tuesday morning 9am-11-am. Age 10-up will be in the afternoon from 1pm-3pm. We will not mix groups. The older ones will be doing more advanced crafts than the little ones.

Healthy Living Meeting

There will be a planning meeting on **Tuesday, December 1 at 3:30 p.m.** at the EH Center in **Nashville** and on **Monday, December 7** time to be determined at **Umpire** to plan a cooking workshop called "Travel Around the World" for ages 9-19. The workshop will be held on December 21 and 22. Times and locations will be announced at a later date.





Money Matters

In the last newsletter, we talked about goals and how to achieve them. So far no one has contacted the office with their plan listing their short-term and long-term goals. I am giving you an alternative challenge. The first 4-H member to send me the answer to this will win a prize. How many state names are on the \$5 bill? You must give me the number of states and a list of the states. Submit your answers to Mrs. Samantha at shorn@uaex.edu.

What is the Congressional Award?

- Highest honor bestowed upon a youth civilian by the U.S. Congress
- Open to all youth ages 13½ - 23
- Founded by Congress in 1979 by Public Law 96-114: The Congressional Award Act
- Public-private partnership
- Non-partisan program to honor initiative, service, and achievement in America's youth



What do I benefit from participating?

- Awarded for work 4-H'ers are already doing
- Superlative for college, job, scholarship, and internship applications—nationally recognized and reputable
- Mentor-based opportunities
- Encourages goal-setting and fosters principles of citizenship
- Serves communities near and far
- Interactions with Members of Congress
- Medals struck by U.S. Mint

What does the program look like?

- Serving without compensation
- Active volunteering with direct service to the community
- Pursue a new activity or advance ability in an existing interest
- Consider your 4-H project and activities done within your 4-H project
- Goals cannot be competitive
- 4-H fitness projects are a good fit
- Include current fitness level and determine where you'd like to advance
- Expedition: Discover the great outdoors
- Exploration: Experience culture, history, humanity
- Organize, prepare, and execute—does not have to be costly or far off
- In each of the four areas you will set up to a minimum of two goals

How do I get started?

1. Register online at <http://congressionalaward.org> OR mail in paper registration form
2. Provide completed waiver and \$25 registration fee* to Ms. Samantha
3. Meet with your County Agent to set goals
4. Record your progress
5. Complete your Record Book and submit to Ms. Samantha

	Bronze Certificate	Silver Certificate	Gold Certificate	Bronze Medal	Silver Medal	Gold Medal
Voluntary Public Service	30 hours	60 hours	90 hours	100 hours	200 hours	400 hours
Personal Development	15 hours	30 hours	45 hours	50 hours	100 hours	200 hours
Physical Fitness	15 hours	30 hours	45 hours	50 hours	100 hours	200 hours
Expedition or Exploration	1 day	2 days	3 days	2 days, 1 night	3 days, 2 nights	5 days, 4 nights
Total Minimum Months	No minimum	No minimum	6 months	7 months	12 months	24 months

Current Changes to Congressional Award due to Covid-19

If you are a participant or interested in signing, there has been some modification made due to Covid-19 in the Expeditions/Explorations portion through January 1, 2021 for safety concerns.

Each participant will be required to choose a country/location and pick activities from the activity guide to explore the history, culture, and customs of the location they have chosen. If multiple countries or locations are chosen, participants will be given the option to compare and contrast the locations through their activities and research. If you would like more information about the changes made or what activities you can choose from, let Samantha know. This award is the highest congressional award the United States Congress presents to America's civilian youth. If you are 13½ and think you might be interested in signing up or finding out more, contact Samantha.

Don't forget...clubs can have monthly meetings again! You must follow Covid-19 protocol. Call the office before scheduling.



**All dates and/or times for events may be changed.*

The University of Arkansas System Division of Agriculture is an equal opportunity/equal access/affirmative action institution. If you require a reasonable accommodation to participate or need materials in another format, please contact Howard County Extension Office as soon as possible. Dial 711 for Arkansas Relay.

Sincerely,

A handwritten signature in blue ink that reads "Samantha Horn".

Samantha Horn
County Extension Agent-Agriculture

A handwritten signature in black ink that reads "Jean A. Ince".

Jean A. Ince
County Extension Agent-Staff Chair

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