Christmas Decorating

It won’t be long until we start decorating the EH Center for the holidays. A work day has been set for **Wednesday, October 28** at **9:00 a.m.** to start working on some of the decorations that will be used. Anyone is welcome and needed to help with the project.

We have set aside **November 17, 2015** to start putting up decorations. Please make plans to help out with this task.

Get Real, Here’s the Deal

Volunteers have been secured for the program “Get Real, Here’s the Deal” at Nashville High School on **October 29**. Thank you to all who have volunteered to assist. This will help you achieve your teaching hours on the scoresheet.

Volunteers are needed for “Get Real, Here’s the Deal” at Nashville Junior High School on **December 1**. We will be conducting the program for three classes. Lunch will be provided for volunteers on this day. Volunteers will need to be at the school at **9:15 a.m. till 3:00 p.m.**

The goal of the program is to teach youth how to make financial decisions in a real world simulation. Decisions are made based upon their occupation and family situation. Volunteers are needed to help at each of the stations.

If you are interested in volunteering, please call the office at 870-845-7517.
Your Farm, Your Legacy—An Estate Planning Program

The program, “Your Farm, Your Legacy—An Estate Planning Program” will be conducted November 2 and November 5, 2015 in Sevier County. This program was conducted a couple of years ago here in Howard County. The program is a joint venture with Howard, Polk and Sevier Counties.

The goal of the program is to help you make informed financial decisions regarding your estate. You do not have to own a farm. This program will help anyone who is looking at developing an estate plan or revising a current estate plan.

We understand that leaving your property to someone upon your death can be a very hard decision. This program will help you answer questions you may have about what to do with your property once you no longer need it. Topics will include: Wills, Trusts, Probate, Living Wills, Estate Taxes, plus much more. Sessions will be taught by professionals in the business.

It is recommended that you attend both sessions. If you are interested in learning more about this program, feel free to call the office at 870-845-7517.

Cocoa, Cookies and Canvas

Looking for a unique Christmas decoration? Want something super fun to do? Love visiting with friends? Want some new recipes? If so, you will want to participate in the “Cocoa, Cookies and Canvas” workshop scheduled for Monday, November 9 at 6:00 p.m. at the EH Center in Nashville. The workshop will take place in the upstairs meeting room.

Participants will be painting a Santa canvas. Beginners are welcome to attend! You do not need painting skills in order to participate. All participants will take home a finished canvas! A registration fee of $10.00 will be charged to cover program supplies. Participants will need to bring a blow dryer and extension cord, if you have one. All participants will need to bring their favorite cookies with the recipe to share. Recipes will be collected and compiled and then distributed to the participants.

Those who have expressed an interest in participating include: Dana Newberg, Nelda Barton, Joy Barr, Anita Baker, Vivian Roberts, Julia Hintze, Tina Williams and Gladine Bennett. A maximum of 18 participants will be allowed. Deb Kreul will teach the workshop. Anyone is welcome to attend, but you must pre-register by November 6.

Call the office at 870-845-7517 to register. Call early, because this workshop will fill up fast!

November Board Meeting

The November Extension Homemaker Board Meeting has been scheduled for Tuesday, November 20, at 10:00 a.m. Items for discussion include:

- Christmas Council Meeting – final plans
- December Catering Events
- Upcoming Events
- Plus Much More!

All county council officers including club presidents are encouraged to attend. Any member may attend, but only voting members may vote.

Please make sure your vote counts by attending this meeting or sending a representative in your place.
**Christmas EHC Council Meeting**

The Christmas Council Meeting is scheduled for Monday, December 14, 2015 starting with registration at 6:00 p.m. The program will begin at 6:30 p.m. This is a night of fun and fellowship and it will get everyone in the holiday spirit! Duties for the evening include:
- Registration – Hillcrest EHC
- Thought of the Day – Dana Newberg – Twilight EHC
- Program – Gift Exchange, each participant should bring a $10.00 Christmas item gift
- Meal – favorite finger food
- Hostess – Clubs should appoint at least one person from your club to help with this task

No door prizes are needed for this meeting. Several fun activities are being planned. Mark your calendar to attend this program. Be sure to mark your calendar for an evening of fun!

**Bake Sale!**

It’s that time of year again for the Annual EHC Christmas Bake Sale. The sale will take place on Friday, December 18. All members are being asked to bake three recipes of their favorite goodies. You can make cookies, breads, muffins, cakes, pies, candy, etc. Please do not make items that require refrigeration. Bring your items to Western Auto on Thursday between noon and 4:00 p.m.

**AEHC Club Project Awards**

Each year, clubs and county Extension Homemaker programs are encouraged to compile a project awards book. The book highlights the projects and/or activities the club has completed during the past year. Individual clubs can submit a project book. Complete guidelines are available at the uaex.edu/healthy-living/extension-homemakers/member-resources website page.

Project books are not complicated to compile and they will be given a first, second, or third place award.

If you are interested in compiling a book for your club, but just don’t know where to start, call Jean at 870-845-7517 for more information.

**Spring Walk Across Arkansas**

Spring Walk Across Arkansas will be February 15 - April 10, 2016. Registration will open no later than February 8. Minutes walked must be entered by April 13. Contact Jean at 870-845-7517 for more information.
2016 Dates for Possible Programs

ReShape Yourself – starting January 20 for 12 weeks
Extension Get Fit – starting January 20 for 12 weeks
Best Care – Session 1 – January 30
Best of the Mediterranean Diet Cooking School – February 11
Walk Across Arkansas – February 15-April 10
Real Deal – February 24
Best Care – Session 2 – February 27
Diabetic Cooking School – March 8

*Some of these dates are subject to change. If you are interested in participating in any or all of these programs, please contact me at 870-845-7517.

The Arkansas Cooperative Extension Service is an equal opportunity/equal access/affirmative action institution. If you require a reasonable accommodation to participate or need materials in another format, please contact your County Extension office as soon as possible. Dial 711 for Arkansas Relay.

Sincerely,

Jean A. Ince
County Extension Agent - Staff Chair

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