Party Appetizers

Holiday parties are right around the corner. Are you tired of taking the same “ol recipe”? Do you want to try new things, but hate to spend a lot of time in preparation? If so, you can be prepared this year with all new recipes and ideas for hosting family and friends by attending this month’s leader training, “Party Appetizers” scheduled for Thursday, September 24, 2015 at 10:00 a.m. at the EH Center in Nashville.

We will look at some tried and true tips for planning appetizers, taste new recipes, setting the table, and more without stressing out! Most of the recipes provided take less than 30 minutes to prepare!

All Foods and Nutrition leaders are encouraged to attend, anyone is welcome to attend! If you have any questions regarding this training, feel free to call the Extension Office at 870-845-7517.

September Board Meeting

With all the fall activities of fairs and meetings, several date conflicts are occurring. This month’s Extension Homemaker Board Meeting has been scheduled for Thursday, September 24, 2015 at 1:00 p.m. Items for discussion include:

- Fall Council Meeting – final plans
- Fall AEHC District Rally
- Upcoming Events
- Plus Much More!

All county council officers including club presidents are encouraged to attend. Any member may attend, but only voting members may vote. Please make sure your vote counts by attending this meeting or sending a representative in your place.
Southwest Arkansas Third District Fair!

The Third District Fair at Hope is scheduled for Tuesday, September 29 through Saturday, October 3, 2015. Items may be entered on Sunday, September 27 from 1-3:00 p.m. or Monday, September 28 from 9:00 a.m. to 2:00 p.m. The exhibits will be ready to view on Wednesday.

Howard County will volunteer on Tuesday, September 27. Those volunteering include: Deb Kreul, Dana Newberg, and Tina Williams. We will leave the EH Center at 8:45 a.m.

I encourage you to consider entering your items in the District Fair. For more information on how to enter items, please call the Extension Office at 870-845-7517. All items must be entered online.

Come check out the exhibits! Howard County EHC will be represented through the county Grand Champion Educational Booth from Moonlighters EHC.

Fall Howard County EHC Council Meeting

Fall Council Meeting is scheduled for Monday, October 5, 2015 starting with registration at 6:00 p.m. The program will begin at 6:30 p.m. All award winners will be recognized at the meeting, plus Deb has put together new and exciting Halloween ideas to help make your celebration super scary and creepy!

Each club is being asked to bring a fall door prize. Each member attending should bring a favorite fall potluck dish. We are also asking that everyone stays to help clean up after the event. If you have not done so, please appoint at least one person from your club to help with this task.

This is a fun and rewarding evening! Be sure to mark your calendar! Consider inviting a friend and come join in the fun!

Ouachita District EHC Rally

This year’s AEHC Ouachita District Rally will be held on Tuesday, October 27 at Hempstead Hall in Hope. Deadline to register for the event is October 2. Registration must be done online. Please call Jean at 870-845-7517 to register. A registration fee of $15 will be charged to cover program costs. A lunch will be provided.

Christmas Decorating

It won’t be long until we start decorating the EH Center for the holidays. A work day has been set for Wednesday, October 28 at 9:00 a.m. to start working on some of the decorations that will be used.

Anyone is welcome and needed to help with the project.

We have set aside November 17, 2015 to start putting up decorations. Please make plans to help out with this task.
Get Real, Here’s the Deal

Volunteers are needed to help conduct the “Get Real, Here’s the Deal” at Nashville High School on October 29. The program will be conducted with one class. You will need to be at the school by 1:15 and we will be finished at 3:00 p.m.

The goal of the program is to teach youth how to make financial decisions in a real world simulation. Decisions are made based upon their occupation and family situation. Volunteers are needed to help at each of the stations.

If you are interested in helping with this program, please let Jean know as soon as possible. It is a fun, rewarding program and you do not have to have prior experience. Your job will be to try to convince the students to purchase more than they can afford. They will learn how to write checks and balance a checkbook. They also experience the stress of trying to live within their means.

If you are interested in volunteering, please call the office at 870-845-7517.

Your Farm, Your Legacy—An Estate Planning Program

The program, “Your Farm, Your Legacy—An Estate Planning Program” will be conducted November 2 and November 5, 2015 in Sevier County. This program was conducted a couple of years ago here in Howard County. The program is a joint venture with Howard, Polk and Sevier Counties.

The goal of the program is to help you make informed financial decisions regarding your estate. You do not have to own a farm. This program will help anyone who is looking at developing an estate plan or revising a current estate plan.

We understand that leaving your property to someone upon your death can be a very hard decision. This program will help you answer questions you may have about what to do with your property once you no longer need it. Topics will include: Wills, Trusts, Probate, Living Wills, Estate Taxes, plus much more. Sessions will be taught by professionals in the business.

It is recommended that you attend both sessions. If you are interested in learning more about this program, feel free to call the office at 870-845-7517.

AEHC Club Project Awards

Each year, clubs and county Extension Homemaker programs are encouraged to compile a project awards book. The book highlights the projects and/or activities the club has completed during the past year. Individual clubs can submit a project book. Complete guidelines are available at the uaex.edu/healthy-living/extension-homemakers/member-resources website page.

Project books are not complicated to compile and they will be given a first, second, or third place award.

If you are interested in compiling a book for your club, but just don’t know where to start, call Jean at 870-845-7517. Our clubs are doing great work and deserve to be rewarded for it!
**Autumn Snack Mix Recipe**

- 2 bags bugle shaped chips
- Classic knot mini pretzels
- Candy corn
- Corn nuts
- Dried fruit
- Sunflower seeds
- Mix all ingredients together.

The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.