Garland County Extension Homemakers

Scoop

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October 2013

NVON announces water project

Loretta Johnston gave a report at the July Board Meeting about the 2013 NVON Conference she attended this summer. NVON (National Volunteer Outreach Network, Inc.) is the national organization with which Arkansas Extension Homemakers are affiliated. Loretta announced that the NVON "Project in Common" for 2013-2015 is Water Around The World. The objective of this three-year international project is to present an overview of how water is an essential resource and fundamental building block of life, present an awareness of problems that could arise when clean water is lacking in communities, and how we can help those in need around the world.

The mission for this year is to provide water filters to those in need around the world at a cost of $60 each. The filters are very small, very easy to install into village water systems and never need repairing or cleaning. If you'd like to learn more about this project, the web address is: http://www.nvon.org/Projects/WaterAroundWorld.html.

JESSICA'S JOTTINGS...

Just a Few Updates

Hello everyone! I want to start by saying a huge thank you to everyone who volunteered to make the Garland County Fair a success. It took a lot of long hours and hard work to run the kitchen and creative arts building. Also, I want to extend a huge thank you to those who will be volunteering for the upcoming Arts and Crafts Fair the first weekend in October. I want you to know all of your hard work and dedication does not go unnoticed.

The state AEHC executive committee has approved Membership Expansion Awards that will be awarded to one county in each district who has the most increase in membership from July 1, 2013 through May 31, 2014. When you turn in membership cards to either me or Patti, please make sure you tell us who is a brand new member so we can turn those names in. For those cards that have already been turned in, if any of those were new members, please let us know that as well. The award amount is $100.

There have also been some changes made to the Scoring Sheet for Project Books. The new form is FCS 741 and it replaces form F-7. The FCS 741 Project Book Score Sheet and the FCS 742 Project Designation Sheet must both be used for all Project Books turned in by December 31, 2013.

See UPDATES on Page 5
Sharing Our Skills workshops scheduled
All Sharing Our Skills (SOS) workshops will be held in the EHC building at the Garland County Fairgrounds and will start at 9:30 a.m. A light lunch will be included. The length of each workshop will vary. Registration deadlines will be one week prior to the classes. The fee for each class is $10 and must be paid BY CHECK at the time of registration. For more information on these workshops, contact Jessica Vincent at the Extension Office. Below you will find the dates of each class with teachers and host clubs.

January 23rd  Learn the Art of Baking with Mike and Leonard La Casa
February 18th  Homemade Soup with Sally Cooks R Us
March 26th  Vertical Gardening with Valerie, Jane and Ann Crazy Quilters
April 29th  Homemade Spa Treatments with Nancy and Kay Loyal Ladies
May 22nd  Canning with Phyllis Park/Heights

Presidential Pointers from Jane Oliver
By the time you read this, the County Fair will have come and gone! It is due to all of the work that you do in the EHC kitchen during the County Fair & the Arts and Crafts fair that we have the resources to maintain our beautiful EHC building during the year. Thanks to all of you!
The District Rally will be held at the EHC Building on October 22. I have not yet received an agenda, but will get the information out as soon as I get it.
Please sign up to attend the Round-robin Special Interest Workshop on November 1. There are going to be some great projects for you to make. Valerie and her committee are working hard to put this together.
Plans for the Holiday Council Meeting to be held on Friday, December 13 at 10:00 a.m. are underway. As plans are finalized we will update you on this great event when we gather to present the bears and stockings to the Salvation Army and canned goods to the Council on Aging, have lunch, and visit with one another. Remember to sign up by December 9. You won't want to miss it!
Check your EHC Yearbook often so that you will always know what is happening. All events are listed on the calendar.

Round-robin Special Interest Workshop
9 a.m. November 1st in the EHC Building

Burned Edge Flower Pin (Lakeside)
T-shirt Necklace and Dried Bean Soup Mix (Cooks-R-Us)
Felt Christmas Tree (Loyal Ladies)
Alcohol & ink technique Drink Coasters (Designing People)
Button Ring (La Casa)
Refreshments and door prize (Docencia)

$8 for members, $9 for non-members
You must register by Monday, October 28th
Register and pay your fee by check at the Garland County Extension office.

Participants should bring the following supplies:
scissors for paper and fabric
needle for hand sewing
canning jar (1 wide-mouth quart jar or 2 wide-mouth pint jars)
T-shirt (of any color, to be cut up. It can be from thrift store.)
All other supplies will be furnished! Bring a sack lunch, if you desire.
Valerie Nuckels, workshop coordinator, says, “This is a great opportunity to get a start on your Christmas gifts or to just make items for your own holiday use”.

The deadline for the next SCOOP is December 10.
Gold stars earned by clubs

Gold Star certificates and a monetary award were given to nine Garland County Extension Homemakers Clubs at the Summer Council Meeting. Each group was successful in reaching standards set by the Garland County Extension Homemakers Council to encourage homemakers to help themselves and others through education, leadership development and community service.

Club members of the year honored

Ouachita District Rally
Tuesday, October 22
Garland County EHC Educational Building
$10 registration fee payable to Jessica Vincent by September 30

Award given to Cooks R Us

Cooks R Us was honored at the Summer Council during the awards presentations as the club with the most volunteer hours. Sally Patterson proudly accepted the award from Jessica Vincent for the club. They had 6,219 volunteer hours from July 2012 to July 2013. Many of the hours came from cooking meals for council meetings and with the catering committee. The total number of hours turned in for all clubs in Garland County EHC was 31,184.

Yearbook Correction
The Holiday Council Meeting will begin at 10:00 a.m. The time listed in the Yearbook is incorrect.
Yes We Can!

A new EH Club was organized July 15th with thirteen members. The name of the new club is Yes We Can. The name was chosen due to the fact that we are a food preservation club. While following the regular guidelines of Extension Homemakers, after our monthly business meetings we head to the kitchen and do a little food preservation. After our July meeting we canned thirty pints of "zesty salsa".

Our meetings are held on the third Monday of each month at 9:30am. If you want to learn to can or just enjoy canning, come join us in the EHC Building on the Garland County Fairgrounds.

-Phyllis Pipkin

Busy as bees

Busy Bees started out the new year by giving to a charitable organization each month. In August we collected school supplies for Open Door School in Jones Mill. In September we collected canned goods for Samaritan Ministries. Also, we have a new member; her name is Laura Porter. As usual, we prepared sacks of beans to be cooked during the fairs. It's a good thing we "looked" the beans, because we found a lot of rocks this year!

-Alice Goodman

Educational exhibit promotes safety, wins prize

At our July meeting, Lakeside EH Club decided to have an educational exhibit at the County Fair about smoke alarms and how they can save lives. The display received the sweepstakes award for adult educational exhibits and will be on display at the Southwest District Fair at Hope. Remember, you need a smoke alarm in or near each bedroom. And you need to keep existing alarms clean and in good working order.

-Janie Woods

Picnic, coupons keep Ladies smiling

The Loyal Ladies held their annual picnic at the home of Rita Blackwood. Rita Blackwood, Kay Bradford, Bobbi Taylor, Sue Ellen Quinn, Ann Sutton, Wilma Blair, Anita Moore, Nancy Say and Jane Kunstman enjoyed their pot luck dishes with fine china, crystal and silver in air conditioned comfort. What a great escape from the heat and humidity!

As of the end of August 2013, Joy Martsching, chairwoman of our project to send coupons to the US Marine Corp Coupon Distribution Program in Iwakuni, Japan, has mailed $120, 808.06 in coupon value to Marines and their families. The Loyal Ladies predict that by the end of December, 2013, we will have mailed over $150,000 in coupon value. We owe a big thank you to other EHC members and the Hot Springs community for helping us with this project.

If your club is interested in adopting a military base overseas and earning many volunteer hours, check out this web site:

http://www.ocpnet.org/Base%20List/BaseList1.htm

-Bert Manning

Quilters' news

Crazy Quilters are again raising money for the American Cancer Society by selling tickets for their cancer ribbon quilt. The tickets are $1.00 each or $5.00 for six tickets. The winner of the quilt will be drawn at the Garland County EHC Relay for Life luncheon in April 2014.

Bargello, a deceptively easy piecing technique with a spectacular result, will be the focus of this year’s Quilt Seminar, which will meet each Wednesday from January 29 through March 12, 2014. Look for more information in the next issue of the SCOOP. – Susie Bishop
The new SOS classes will start in January. I have already made a flyer for these, but I used some generic pictures. If you are hosting one of the SOS classes and you would like to use one of your own pictures to promote the class, please get that to me by October 31, 2013. We want to make sure we give the public plenty of notice that these classes are available.

Thank you again for all of your hard work, teamwork, camaraderie, and for making our EHC Council one of the best in the state.

Baa, baa! Have you any wool?

That’s what Marilyn Findley of Crazy Quilters and Lakeside asked her friends Jeff and Traci Britt. It was a timely question, since they were shearing their sheep along with the neighbor’s sheep. They gave her all the stinky, dirty wool from the sheering. Then she had to figure out how to process it!

She started cleaning the wool two or three fleeces at a time by soaking them for a week in barrels of water. Next, she washed the wool in a wringer washer with detergent, rinsed it until the water ran clear, and finally, put each fleece on a screen to dry in the sun.

Once the wool was dry, Marilyn used two afro combs to remove the seeds, grass and hay. The next step was to card the fiber and to gently roll it off the cards to form "rolags" of wool. She used food coloring and the microwave to dye the rolags. She is now researching natural plant dyes for future use.

Marilyn is shown with some of the yarn she spun on a drop spindle spinning wheel. The last step will be to weave it on her loom.

Pennies for Friendship

Treasurer Judy Brink reported that she sent in dues for one hundred ninety-three Garland County EHC members for the 2013-14 year. She also sent in $260.42 that the clubs collected during the past year for Pennies for Friendship. You can read more about this project on page eleven of your Yearbook or at the ACWW website:

www.wnfga.org/aboutus/associated-country-women-of-the-world

If your club does not already collect pennies at each meeting, you might plan on doing so this year and help change the lives of women around the world. Every PENNY counts!

La Casa prepares for Arts & Crafts Fair

La Casa EHC has been hard at work getting our decoupage plates ready for the County Store at the Arts and Crafts Fair in October. We'll see you there! - Yolanda Early

Welcome!

Thanks to planning and funding by our Arts and Crafts Fair Committee, we have a much more welcoming entrance to the EHC Building. The Master Gardeners helped by building, planting and maintaining the flower bed and the committee replaced the very tattered awning.

UPDATES (cont. from page 1)

The new SOS classes will start in January. I have already made a flyer for these, but I used some generic pictures. If you are hosting one of the SOS classes and you would like to use one of your own pictures to promote the class, please get that to me by October 31, 2013. We want to make sure we give the public plenty of notice that these classes are available.

Thank you again for all of your hard work, teamwork, camaraderie, and for making our EHC Council one of the best in the state.
Jessica's Schedule
Yoga at Lake Hamilton Intermediate School
every Tuesday and Thursday morning

**OCTOBER**
4-6   Arts and Crafts Fair
10  Presentation in Pocohontas
11  EHC Executive Committee Meeting
12-13 Yoga Training in Little Rock
16  Presentation in Conway
18  Endless Gardening Leader Lesson
22  EHC District Rally
23  County Review in Malvern
25  EHC Board Meeting
29  Presentation in Conway
31  Presentation in Pocohontas

**NOVEMBER**
1   EHC Round Robin Workshop
4   Web and Social Media Workshop in LR
5   Presentation in Conway
9-10 Yoga Training in Hot Springs
11-13 In-Service Training in Little Rock
19  Presentation in Conway
21  Presentation in Pocohontas
25-29 Annual Leave

**DECEMBER**
2   Christmas Parade
7   4-H Holiday Workshop TBD
7-8 Yoga Training in Hot Springs
10  Nutrition Lesson at DCC
12  Nutrition Lesson at DCC
17  EHC Holiday Council
17  Nutrition Lesson at DCC
23  Office Closed through Jan 1

**EHC Dates to Remember**

**OCTOBER**
4-6   Arts & Crafts Fair
9   Cleanup after A & C Fair (2 from each club)
22  Ouachita District Rally (EHC Bldg)
25  Quarterly Board Meeting, 9 a.m. (EHC Bldg)
28  Registration deadline for Nov 1 workshop

**NOVEMBER**
1   Round Robin Special Interest Workshop, 9 a.m.
7-8   Upholstery Workshop (8 a.m. - 4 p.m.)
11-13 Upholstery Workshop (8 a.m. – 4 p.m.)
28-29 Extension Office closed

**DECEMBER**
2   EHC float in Hot Springs Christmas Parade
7   4-H Holiday Workshop (EHC Bldg)
9   Registration deadline for Holiday Council
13  Holiday Council Meeting, 10 a.m. (EHC Bldg)

The meetings listed in this newsletter are open to all eligible persons without regard to race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office (or other appropriate office) as soon as possible prior to the activity.