



# Fulton County 4-H News

## February 2017



February 16 <sup>th</sup>	4-H Day at the Capitol
February 20 <sup>th</sup>	Deadline to register for Poultry Chain
February 24 <sup>th</sup>	Beef Quiz Bowl
February 28 <sup>th</sup>	Memphis Grizzlies Agriculture Day
February 28 <sup>th</sup>	Poultry Chain Meeting
February 28 <sup>th</sup>	Deadline to sign up for Backpacking Trip
March 4 <sup>th</sup>	4-H Day with the Razorbacks
March 4 <sup>th</sup> -5 <sup>th</sup>	Backpacking Trip

CLUB MEETING INFO:		
<b>Bright Future</b>	3 <sup>rd</sup> Thursday/February 16 <sup>th</sup>	After School
	Robin Moore	870-895-3301
<b>Horse Club</b>	2 <sup>nd</sup> Tuesday/February 14 <sup>th</sup>	
	Christi Shaver	895-3461/ 870- 371-0660
<b>Livestock Club</b>	TBA	<b>(In Search of Leaders)</b>
		870-895-3301
<b>Outdoor Adventure</b>	March 4 <sup>th</sup> & 5 <sup>th</sup>	4-H members ages 12-19
	Backpacking trip	
	Amy Walling	870-291-2010
<b>Shooting Sports</b>	TBA	5:30 p.m.
	Fairgrounds	
	Kellie Ingram	870-371-0290
<b>Spring River Bears Sr's &amp; Jr's</b>	2 <sup>nd</sup> Wednesday/ February 8 <sup>th</sup>	After School
	Laura Gaines	625-7661
<b>Cloverbuds</b>	Sara Nicholson	417-274-6144
<b>Viola Loyal Longhorns</b>	2 <sup>nd</sup> Tuesday/February 14 <sup>th</sup>	After School
	Viola Cafeteria	
	Carolyn Sanders	870-458-2490



*Birthdays  
 This month*

1-09	Elijah B.	1-15	Aubrey C.	2-8	Ben S.	2-17	Sophie N.	2-25	Anna N.
1-12	Daniel L.	1-15	Dru H.	2-9	Lauren P.	2-18	Grace P.		
1-12	Braxton B.	2-6	Abel F	2-11	Erica O. Evan Olivia W.	2-21	Caleb H.		
1-14	Garrett C.	2-8	Ezekiel O.	2-14	Elizabeth J.	2-24	Kara E.		

If you have a Birthday and did not see your name on the list you need to re-enroll in 4-H online.

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## CLUB NEWS

### BRIGHT FUTURE



The Bright Future club met Thursday December 15<sup>th</sup> at the Salem Cafeteria.

Our President John M. brought the meeting to order, a song was led by Keegan S. Roll call by Addie M. John M. led the Pledge of Allegiance. Keegan S. led us in the 4-H pledge, motto and mission. We officially started our Healthy Meeting Challenge. John M. brought and demonstrated a healthy snack of fresh strawberries served with 0% fat Greek yogurt and wheat crackers, with no-sugar lemon water to drink. Addi M. led the members in a 15 minute physical exercise game we called STOP & GO Healthy 10. Ben was super at this game! We did ten repetitions each of jumping jacks, lunges, stair climbing, etc.



January 19<sup>th</sup> Bright Future club met with five members' one youth guest and two Adult guest from Spring River Home Health. Mr. Zach and Ms. Melissa spoke with us about services provided from Home Health and aspects of nursing as a career, we enjoyed this presentation very much. We missed Keegan who was out sick. The business meeting was led by President John M. who also led the Pledge of Allegiance. Ben led us in a song and the 4-H motto. Nick O. served as Flag bearer, the 4-H pledge was led by Alyssa O. Addi M. led us in the 4-H mission and presented the Healthy Snack of fresh Apples, strawberry yogurt, whole wheat crackers and Water. We ran "winter relay" races for our 15 minutes of activity.



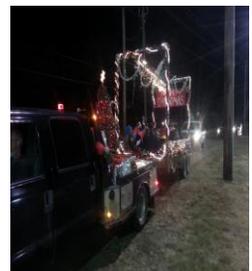
### HORSE CLUB



Our January Horse Club meeting was held on the 10<sup>th</sup> at Christi Shaver's house. There were 19 in attendance – remember you must be reenrolled for the current year @ ar.4honline.com. We recapped last year's events, particularly December's meeting and the Salem Christmas parade that was held on Dec 5<sup>th</sup>. Our Merry Christmas float placed 3<sup>rd</sup>! Over 15 kids helped decorate and ride on the float. It was a blast!! Afterwards we celebrated with our Christmas party. The members brought canned food items to be donated to the needy in our area – many boxes of food were able to be given to the Agape food room. The kids received

laminated photo collages of each individual's horse activities throughout the year. Thanks to all for the wonderful soup, chili, ham and deserts ate at the party!

At the January meeting, we began planning spring events and discussed horse terminology. We all enjoyed pizza and snacks as we went over the various parts of the saddle and tack. We also examined the different types of horses and their varying body structures and characteristics. We talked about how we all were excited for the upcoming riding season. We watched videos and Christi pointed out do's and don'ts of barrel racing. We are trying to get our annual Coggins Clinic scheduled for some time in late February or early March so that we will be ready for the season. Our next



meeting will be held Tuesday, February 7<sup>th</sup>. If anyone has questions about any Horse Club activities, please contact Christi at 371-0660 or 895-3461.



## LIVESTOCK CLUB

Our next meeting is To Be Announced. **This club is in search of leaders, if you know of anyone interested please have them call the Extension Office at 870-895-3301.**

## OUTDOOR ADVENTURE CLUB



### 4-H Outdoor Adventure Club Spring Overnight Hiking Trip

On the weekend of March 4-5, the Fulton County 4-H Outdoor Adventure Club will head to the Ozark National Forest North Sylamore Creek Trail for a weekend backpacking trip. The trip will be open to Fulton County 4-H members from ages 12 and up. To cover the small cost of food that we will provide, the cost will be \$10 per participant. Parents are, of course, welcome to attend too! In fact, for any youth 14 and under, we'd like for at least one parent or guardian to come along with them. We are going to limit the number of participants to a maximum of 12 youth. First come-first serve.

The plan will be to meet up on Saturday morning at 8 a.m. at the Blanchard Springs campground and hike the 5 miles to Gunner Pool Campground to stay the night. Gunner Pool only has minimal services, so we will be tent camping. Then, on Sunday, we'll continue on the remaining 4 miles to Barkshed Campground. If all goes according to plan, we'll arrive at Barkshed early in the day on Sunday, with plenty of time to relax and possibly have a good cookout of some kind. We'll plan to depart from Barkshed to head back no later than 5 p.m. on Sunday.

It will be a fun trip, but we're also going to take some time to learn some outdoor skills as well, such as proper tent setup, Leave No Trace (LNT) principles, food storage safety, drinking water safety, and whatever else we can think of!

We do have a limited # of tents that we will be able to provide, but all youth will need to provide their own sleeping bag, a hiking backpack, water bottles and any small snacks they would like to pack. Don't plan to overdo it on gear to bring. The adults will be the pack mules for the gear that everyone will use, such as food, any cooking materials, etc. Also, it's early March. It could get fairly cold overnight. Warm clothes will be a must. Raincoat, gloves, hat, and maybe an extra layer might be good to bring. As it gets closer, we'll have a better idea of the forecast. Shoes need to be either a sturdy pair of hiking boots or trail shoes. No thin-soled tennis shoes or flip flops. The sleeping bag needs to be one that can reasonably be carried with a hiking pack. So, small school book bags won't work. We hope to do this kind of thing a few times a year, so if investing in quality gear is something you're willing to do then there will be opportunities to use it again in the future.

Obviously, this is a little more of an advanced kind of hiking trip. As such, it's probably not suited for youth who have never spent much time in the outdoors, nor is it for youth who don't have some physical fitness. It's only 4-5 miles per day, but nonetheless it will be a bit strenuous at times. Hikes in the Ozark Mtns. aren't exactly flat. Those scenic views and fun times in the woods don't come free!

The deadline to sign up will be Tuesday, February 28<sup>th</sup>. This will give us a chance to figure out how many are going, what gear they have, and get a head count, so we'll know how much food to buy!

For more information, contact the Fulton County Extension Office at 870-895-3301!

## VIOLA LOYAL LONGHORNS



On December 13th Viola Loyal Longhorns had their meeting with 10 members and 3 adults present. The members signed 80 Christmas cards that was passed out to the residents at the South fork River Therapy and Living Center. We also bought some supplies that were donated to the U-R Loved Backpack Ministry sponsored by the Women's Ministry at Salem Assembly of God Church. On January 18th we had our meeting with 9 members and 3 adults present. Cassidy called the meeting to order; Evan led us in a song "America"; and Elijah and Ryan led us in the pledge. Ms. Robin was our guest speaker who gave us an exciting presentation about poultry and eggs. She also gave us information about plans for healthy snacks and an exercise program. We plan to begin this at our next meeting on February 14th. Hope to see you then.



## SPRING RIVER BEARS

Spring River Bears SR & JR clubs met January 11<sup>th</sup> under the leadership of Brad Runsick, from the Fulton County Extension office. Annie L. and Autumn B. assisted Brad as he led a discussion about pesticides. Afterwards the members made birdfeeders with waffle cones, peanut butter and bird seed. In the month of December our SR club made \$500 with our Santa Pictures. All proceeds will go to support St. Jude Children's Research Hospital. We want to thank all who supported us.  
**Seniors, Juniors and Cloverbuds-** Our next meeting is February 8<sup>th</sup>. Hope to see you there!



### 4-H college scholarship applications

Here is the link to ar4honline.com to learn about this year's Scholarships!

<http://www.uaex.edu/4h-youth/about/awards/scholarships.aspx>

**SAVE THE DATE !!!! 4-H DAY WITH THE RAZORBACK**  
**SATURDAY, MARCH 4<sup>TH</sup> @1:00 PM / TICKETS: \$17 each \**

**PROMO CODE & ORDERING INFO WILL BE AVAILABLE SOON!!**

**For information contact:** Priscella Thomas-Scott, M.Ed.

4-H Events Coordinator

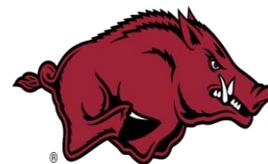
U of A Division of Agriculture

Cooperative Extension Service

Office: 501-671-2271

Fax : 501-671-2028

pthomas-scott@uaex.edu



### **Beef Quiz Bowl and Grassland Evaluation Contests**

Think you have what it takes to go toe to toe with the rest of Arkansas 4-H? We're on the lookout for Fulton County 4H-ers to be a part of the 2017 Fulton County Beef Quiz Bowl and Grassland Evaluation Teams! Youth are welcome to try out for one or both! The Beef Quiz Bowl is a head to head, tournament format contest that is held each February in Fayetteville and is comprised of 4 team members, from grades 9th-12th. We often try to go up the night before and do

something fun if possible. This is a great contest for youth that are familiar with beef cattle either from living on the family farm or show projects. Grassland Evaluation is open to junior and senior 4-Hers, ages 9-19. Youth participate in hands-on, real world scenarios to answer questions about forage production, plant identification, wildlife habitat, and soils. Event Date: February 24<sup>th</sup>. If you are interested Call Brad @ 895-3301.

### ***Grassland Evaluation Team***

In years past, Fulton Co. 4-H teams have been very successful in this competition. Last year's team finished 2<sup>nd</sup> at the State Contest and then went on to be the 3<sup>rd</sup> overall 4-H at the Mid-America Contest in Springfield, MO! The competition consists of 4 parts: Plant ID, Grassland Condition, Wildlife Habitat, and Soil Evaluation.

4-Hers learn about: 1.) Identifying grasses, weeds, legumes, and trees. 2.) Evaluating a piece of land as it pertains to wildlife 3.) Characteristics of different types of soils and how to use a county soil survey and aerial photographs to determine soil type 4.) Evaluating a piece of land as it pertains to the goals of the landowner and then making decisions on what to do to improve on those goals.

This competition is open to Junior and Senior teams (ages 9-18). This includes seniors graduating in May. If we don't have enough for a team, members may compete as individuals.

I plan on trying to meet once per week, especially in the weeks leading up to the competition. Give me a call if you have questions at 870-895-3301 or email me at [brunsick@uaex.edu](mailto:brunsick@uaex.edu).

### AGRICULTURE DAY with the Memphis Grizzlies

#### **Here's a great opportunity 4-H'ers and Volunteers!!**

Arkansas Farm Bureau is partnering with Tennessee Farm Bureau on an event for FFA chapters and 4-H clubs at the **Memphis Grizzlies' basketball game** on February 28<sup>th</sup>. Agriculture Day will feature a speakers' panel focusing on professional careers in agriculture, a tour of Fed-Ex Forum and a ticket package for that night's Grizzlies vs. Phoenix Suns game that includes a t-shirt and food voucher. This should be a really fun event for members. The attached form has information for ordering tickets and participating in this event.

For more information contact Jonathan Jones @ (901)205-1436 or [jjones@grizzlies.com](mailto:jjones@grizzlies.com)



### **2017 Poultry Chain Registration Deadline in February 20<sup>th</sup>!**

Sign-up for the 2017 4-H Poultry Chain is now underway. 4-H'ers of all ages are eligible to participate in this project. Participants will receive **up to 20**, depends on supply, one day-old chicks free of charge. The brown egg layer, Hyline Brown, is the breed being offered this year. Deadline to register is February 20<sup>th</sup>, 2017. In return the participant must furnish a secure, clean, warm place for the chicks to grow and must agree to return four of the pullets to the Fulton County Fair for show and sale. The pullets will be auctioned off to continue funding the 4-H Poultry Chain program.

A mandatory workshop has been set for Tuesday February 28<sup>th</sup> @ 5:30 PM. The date for chick pick-up will be announced. 4-H members interested in participating in the Poultry Chain should contact the Fulton County Extension Office, 895-3301.



DIVISION OF AGRICULTURE  
RESEARCH & EXTENSION  
*University of Arkansas System*

COOPERATIVE EXTENSION SERVICE  
2301 SOUTH UNIVERSITY AVENUE  
LITTLE ROCK, ARKANSAS 72204

OFFICIAL BUSINESS

RETURN SERVICE REQUESTED

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Fulton County Extension Office  
P.O. Box 308  
118 West Locust Street – Ste 107

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Malinda Coffman  
County Extension Agent-Staff Chair  
Family & Consumer Science

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Brad Runsick  
County Extension Agent  
Agriculture