Clay County Living Well Programs

- THE MARRIAGE GARDEN – Couples learn to cultivate a healthy relationship.
- THE BEST CARE – Child care professionals receive verified training to advance their careers.
- THE PARENTING JOURNEY – Takes parents through practical lessons on raising healthy, loving and responsible children.
- SEE THE WORLD THROUGH MY EYES – Guides parents to see things from their preschool child’s perspective.
- MANAGING STRESS – Helps individuals turn challenges into blessings.

Photo: Parents at the Piggott Elementary School health fair viewed exhibits of Parenting Journey materials. The Parenting Journey program includes a map, travel guides, and Parent Guide for self-study or classroom sessions.