Tri-County Fun and Learning Day
Date and Time Change

This is gonna be a good one! Come on out to our Fall Fun and Learning Day. You won’t be sorry you did!

On October 17th, we will be making holiday crafts by Marsha Horton, having a guest speaker on Identity Theft, and Nate Braswell, head baker at Neighbor’s Mill, will be giving us a lesson on whole grains while demonstrating bread making!!

We will begin at the JPH Center of the North Arkansas College with pre-registration at 11:30 am; enjoy a delicious potato and chili bar provided by Neighbor’s Mill for only $7 per person, and then receive our lessons. The program should conclude around 3:30 pm.

Please bring your $7 in cash only upon arrival but please pre-register with your county agent by October 12.

Officer and Bylaws Training

An officer and bylaws training will be from 1:00-3:00 p.m. on October 25th. All club officers are encouraged to attend if at all possible. It is time to look at our Bylaws and do updates or remakes. All clubs need to have updated bylaws and a copy of those bylaws needs to be kept in the Extension office please.

Ozark Presidents Day
Thursday, October 27, 2016
First United Methodist Church, Russellville, AR
Deadline to register is October 11, 2016
Theme: We "R" AEHC

Time: 9:30 a.m. - 2:30 p.m.
Cost: $15.00 (Meal and refreshments included)
Deadline for Registration: October 11, 2016

- The centerpiece is fall flowers or fall themed decorations as a centerpiece.
- Each County is to bring (2) items for the silent auction.

First United Methodist Church, Russellville
304 S. Commerce Ave.
479-968-1232

Directions: Interstate 40 – Take Hwy. 7 exit (Arkansas Tech exit). Continue on Hwy 7 to Main Street and turn right on Main Street. Turn left onto Commerce Street. Drive about two blocks to First United Methodist Church.

We hope that if you are a club president you will come but anyone and everyone is welcome! The more the merrier!
Rada Knife Fundraiser

We are doing an extended fundraiser with the Rada Knives this year! Anne Brisco will be coming around to all club meetings in October to bring order forms and catalogs so that your members can sell to friends, family, co-workers, church friends, whomever. Please allow some time for Anne to speak about this great fundraiser during your meeting! Orders may be taken from now through November 23rd. Please drop all orders off at the Extension office no later than November 23rd.

Ballot Issues Information Available

The University of Arkansas Division of Agriculture Cooperative Extension Service offers non-biased information on upcoming ballot issues. This information is currently available online and at your Extension office.

Fall Farm Fest

The first ever Fall on the Farm Festival will be held at the Boone County 4-H and Extension Center on October 22. This will be a family fun on the farm day to promote agriculture and all related programs. It would be great if each club could organize a fall, farm, or heritage skill related booth where you could have a demo, hands-on activity or something of that nature for children to participate in. Everything should be along the theme or related to it so heritage skills, craft, cookie decorating, food demo or activity related to fall or farming would be great. Please call Trudy with your activity by October 5.

Fair Report

Thank you to all the fair volunteers as well as those who judged in other counties! The fairs would not be possible without you!! You are greatly appreciated. Thank you to all those who volunteered at the EHC Country Store as well as those who donated to the cause. The Country Store is one of our biggest fundraisers.

Gingerbread House

Get ready for the Grubb Springs holiday event of the year!! Everyone loves free cookies and cider so be sure to drop by the Gingerbread House this year! The holidays are coming and this is the perfect opportunity to purchase unique items and gifts for your loved ones. Various crafts, homemade breads, jelly, candy, tree ornaments, etc. will be available for purchase. Come on out and support the Grubb Springs EH Club at the Grubb Springs Community Building on November 4th and 5th between 6:00 am – 5:30 pm on Friday and 8:00 am – 2:00 pm Saturday. Items will go quickly so come out early! See you there!

Fall Council Meeting

Mark your calendars for November 14th! This year’s Fall Council meeting will begin with registration at 9:30 a.m. and start at 10:00 a.m. Lunch will be around 12:00 p.m. and the main dish provided by our Council. Please bring fall themed sides and desserts. Remember to keep hot foods hot (above 135°F) and cold foods cold (below 40°F). Pathogens grow best in the temperature danger zone which is between 40°F and 135°F.

Club responsibilities are as follows:

Registration – Quilters
Decorations – Eclectic Styles
Daily Thought – Harrison
Set-Up and clean-up – Everyone
Now that Fall is really here, I thought I’d tell you about a trip my husband and I made some years ago, from the Scottish Borders where we were living at the time, to the glorious castle of Blair Atholl in Scotland. He’d been playing in a fiddlers’ competition in Perth, and we went up to the Castle to watch another event.

Set in the glorious Scottish countryside, it looked EXACTLY like a castle in a fairy-tale, tall, with pointy-roofed towers set about here and there. So, very excited, in we went to the Great Hall, which still looked ancient and feudal, with the walls hung with medieval weapons, and antlered stags’ heads, and at least half the contestants wearing full traditional Scottish dress.…

Some of the fiddle tunes played had been written by Ian Powry, chief musician to the Laird in the 18th century in this very castle, and they sounded as fresh as when they were first written for the pleasure of the Laird and his guests. My husband still plays some of them now and again 250 plus years on.

So today we are going to look first at an ancient recipe for Atholl Brose (a treat for the wealthy Laird and his family and retainers).

**ATHOLL BROSE**

Take 3 rounded tablespoonsful of oatmeal, mix to a thin paste with 4 wineglassfuls of cold water, leave for about 1/2 hour, then strain all the liquid off into a large jug. (Give the oatmeal to the chickens)……Add 4 dessertspoonsful of dark honey, heather honey if possible, stir very well, then add about 5 cups of Scots Whisky, and stir again. Keep covered until ready to serve.

The folks at the Castle said this is guaranteed to make for a cheerful party……
Now for an ancient and EXCELLENT dessert:

**CREAM CROWDIE**

Very lightly, toast some oatmeal or porridge oats in a medium oven or under the grill, being careful not to burn.

Put in a pretty bowl, and stir in heather honey to taste, some raspberries or blueberries (blueberries), and plenty of thick whipped sour cream. (Crowdie was really a sort of home-made cream cheese, so the sour cream brings you very near to the original taste.) Put in a cool place until ready to eat. (No problem in a stone castle in Scotland) Eat.