

4-H Notes & Quotes

Arkansas County 4-H Newsletter

Volume 24, Issue 5

May 19, 2017



Dear 4-H'ers:

Summer break is almost here and there are lots of 4-H activities scheduled, so please take time to review your newsletter. Remember to call the County Extension Office, if you need more information.

4-H MOTTO:

"To make the best better"

DATES TO REMEMBER:

T-Shirt Orders
 May 31

Ross Photography
 June 1

Yoga for Kids
 June 5

STEM Workshop
 June 6

MS River State Park
 June 15

District O'Rama
 June 22

DELTA DISTRICT O'RAMA

District O'Rama is Thursday, June 22 at East Arkansas Community College in Forrest City. It provides an opportunity for 4-H'ers to exhibit the skills they have developed through their project work in a variety of competitive activities. Junior and senior 4-H members may compete in one activity. Please call the Extension Office, if you would like to participate in one of the open areas. For more specific information about District O'Rama competitive areas visit: <http://uaex.edu/4h-youth/resource-library/applications.aspx#districtevents>.

2017 District 4-H Record Book Winners who will be recognized at 4-H Delta District O'Rama are: Beginners – Autumn, Family Life; Rachel, Housing & Home Environment; Connor, Photography and Intermediate – Rob, Pets; Will, Entomology; Chloe, Gardening & Horticulture.

**ARKANSAS COUNTY
 4-H COUNCIL OFFICERS**

Jr. 4-H Council Officers

Rob, President
 Sarah, Vice President
 Hailey, Secretary
 Autumn, Treasurer
 Connor, Reporter

Sr. 4-H Council Officers

Will, President
 Chloe, Vice President
 Emily, Secretary

Adult 4-H Council Officers

Cindy, President
 Brandi, Vice President
 Heather, Secretary
 Priscilla, Treasurer
 Charles, Reporter

Arkansas County Offices

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 DeWitt, Arkansas 72042
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 Stuttgart, Arkansas 72160
 (870)673-2661, Ext. 254
 Fax: (870)673-4315
 E-mail: arks@uaex.edu

Activity	Junior	Senior
Animal Science		
Baitcasting & Game Fish ID	Kameran	
Bicycle	Mary Katherine	
Citizenship		
Consumer Economics		
Crop & Seed ID	Rachel	
Entomology-(Collection)		
Entomology-Talk		Will
Environmental Stewardship		
Fashion Revue	Rob (Casual) Sarah (Dressy)	
Food Fair		
Forestry		
Gun Safety/BB Shooting	Dillon	Cheyenne
Health		
Horse		
Human Development	Autumn	
Ornamental Horticulture	Emily	
Performing Arts – Dance		
Performing Arts – Instrumental	Hailey (Classical) Connor (Non-Classical)	
Performing Arts – Vocal		
Public Speaking		
Safety		
Reel Into Sportfishing		
Innovative Technology		
Veterinary Science		
Wildlife	Kaylie	

Visit our website at: <http://www.uaex.edu/counties/arkansas>.

4-H LEADERSHIP OPPORTUNITY

4-H members who are looking for an environmental stewardship leadership opportunity should call the Extension Office and volunteer to assist with May's Community Conservation Project.



MISSISSIPPI RIVER STATE PARK

Ever wonder what kind of bird was sitting in the tree by your campsite, or which one was singing a song to wake you up? Arkansas County 4-H'ers will travel to Mississippi River State Park near Marianna for a day of "Birding Basics" on June 15. We will join a park interpreter to discover the joy of birding, basics of using binoculars and field guides, and learn some tips on what to look for. (Binoculars and field guides will be available to borrow.) Plans are to leave the Extension Office in DeWitt at 8 a.m. Please call to pre-register by June 8. A sack lunch will be provided following the program. The group will return to the Extension Office at 2:30 p.m.

STEM WORKSHOP

The Clover Kids 4-H Club will sponsor a STEM workshop on Tuesday, June 6 from 10 a.m. to 12 noon at the First Christian Church, 10th & Main, Stuttgart. The workshop is free, all ages are invited and members are asked to bring a sack lunch. The following activities will be provided with learning items emphasized:

- Bungee Barbie-math and equations
- Candy Sink or Float-physical properties of matter
- Bubbles in a Bottle-molecular properties
- Make a Paper Clip Float-surface tension
- Clean pennies with Vinegar-chemistry
- Motion Commotion-acceleration, mass, velocity and force
- Chicken Sounds from a Cup-vibration and amplification
- A Clue at Your Fingertips-diversity of individual biology
- Magic Ketchup Experiment-bouyancy and density

For more information contact Beth at katherineearlywine@yahoo.com or call (870)830-1876.



YOGA FOR KIDS

Practicing yoga is a fun and easy way to help children increase physical activity levels. The purpose of Yoga for Kids is to increase fitness, decrease stress, improve mental focus and have fun! Yoga helps improve flexibility, balance, and strength all while being noncompetitive and inexpensive. Yoga for Kids will be held Monday, June 5 at 1-2 p.m. in the Extension Office Conference Room, 1009 Liberty Drive, DeWitt. The class is limited to 12 youth on a first-come first-serve basis. Deadline to pre-register is June 2.

ROSS FOUNDATION

4-H PHOTOGRAPHY CONTEST & EXHIBIT

The Ross Foundation 4-H Photography Exhibit provides an opportunity for Arkansas 4-H'ers to demonstrate, compete, and exhibit their photography skills. All 4-H members age 9-19 are eligible. Each 4-H member may enter two color photographs (one must be in the living category and one must be in the non-living category if two are entered) and two black-and-white photographs (one must be in the living category and one must be in the non-living category if two are entered). Four county winners are selected – one in each category. Photographs entered in the Ross Foundation 4-H Photography Exhibit MUST be of scenes or subjects in Arkansas. The pictures must have been taken during the current contest year (July 2016-June 2017). Digital file is required for judging. Cash awards are presented to winners. Photos are due in the County Extension Office by June 1. For more information contact the county Extension office or visit <http://www.uaex.edu/4h-youth/activities-programs/docs/Ross%20Photography%20Guidelines.pdf>.



ARKANSAS 4-H T-SHIRT

The Arkansas Association for Extension 4-H Agents is excited to announce a statewide, 4-H Youth Development tee shirt fundraiser. Shirts will be light blue with green and black print and come in both long and short sleeve. Orders must be submitted to the Arkansas County Extension Office with payment by Tuesday, May 30. For more information, call the Extension Office at (870)946-3231 or (870)673-2346.

4-H ONLINE ENROLLMENT

All 4-H members and leaders should enroll in 4-H Online.

Please take a few minutes to enroll at: <https://arkansas.4honline.com>. (Computer access is available at the Extension Office.) This is very important for our office records. *4-H online enrollment is required to participate in county activities.*



LEADERSHIP TRAINING

The 4-H Jr. Council Officers, Sr. Council Officers and 4-H Club Officers will meet for Leadership Training #3 "Interviewing for Success" on Monday, August 7 at 4:30-5:00 p.m. at the Extension Office in DeWitt. Come join us!



4-H LEADERS/ OFFICERS MEETING

4-H Adult Leaders and Officers will meet on Monday, August 7 at 5:00 p.m. at the Extension Office in DeWitt.

VOLUNTEER TRAINING E-FORUMS

Three volunteer training e-forums will be offered free by the National 4-H Council. Trainings are available to county agents, program assistants, and 4-H volunteer leaders. These trainings can be accessed online using www.4-h.org/volunteerprofessionals. The times will be 6:00-7:30 p.m. Central Time, and the trainings will be held:

October 9: Cultivating an Environment for Growing True Leaders

November 2: "STEM"ing into Animal Science, Growing True Leaders

December 7: Helping 4-H'ers Grow in Life and Work

ARKANSAS 4-H RAISE YOUR HAND!

Arkansas 4-H is participating in the national 4-H Raise Your Hand Alumni Campaign as part of our 4-H Grows marketing efforts. As you know, 4-H Alumni are great advocates for the 4-H program. Raise Your Hand is an easy way to get our alumni involved.

Raising your hand is as easy as 1, 2, 3:

1. Raise Your Hand: Go to www.4-H.org/RaiseYourHand to show your pride as a 4-H alum.
2. Compete for Your State: Raising your hand is a vote towards a \$20,000, \$10,000 or \$5,000 award for the states with the most alumni hands raised.
3. Pay It Forward: Tweet, post and share your #4HGrown support and tag fellow alumni asking them to raise their hands for their state at www.4-H.org/RaiseYourHand



4-H POSTER ART CONTEST

The themes for the 4-H Poster Art Contest were: *Masquerade, Unmask Your Potential* and open theme. Arkansas County was

represented by Lysie and Kaylie in the 4-H Poster Art Contest.



4-H WHEP STATE CONTEST

Kaylie, Rob and Will participated in WHEP State Contest on April 28. Congratulations! Will received 3rd place senior individual and qualified for national competition in Rock Eagle, Georgia.



TRACTOR SUPPLY PAPER CLOVER

Prairie Angels 4-H Club volunteered to head the efforts to assist with the Paper Clover Campaign at TSC in Stuttgart on May 6 and help the DeWitt Animal Shelter. In Arkansas County, the Paper Clover funds will go to support camps and educational activities for the kids. The 4-H/TSC Paper Clover Campaign is a nationwide, in-store fundraiser that benefits 4-H programming in the communities where a TSC store is located.

ALL ABOARD!

4-H VOLUNTEERS STEAMING AHEAD

Join volunteers from across the southern region for the annual 4-H Volunteer Conference of Southern States September 28 - October 1. Over 20 workshop choices and educational sessions will be available. The conference will be held at the Rock Eagle 4-H Center in Eatonton, Georgia. This year's theme is 4-H Volunteers STEAMing forward!! (Science, Technology, Engineering, Arts & Mathematics). Early bird registration is open through August 1. Cost is \$295 and includes all meals and onsite lodging, as well as conference events. Registration is online at: <https://secure.georgia4h.org/event/publicregistration/insertrecord.cfm?uuid=F74DC775-864E-413C-902D-AA8F9BF758B5> Conference web site is: <http://vcoss.weebly.com/> Rock Eagle 4-H Center web site is: <http://cases.2caes.uga.edu/georgia4h/rockeagle/>

4-H EVENTS

The following is a quick reference for upcoming 4-H state camps and events. For more information contact the Arkansas County Extension Office.



- *Arkansas 4-H Foundation scholarships may be available in 4-H online to assist 4-H members who have financial need to attend camp at the C.A. Vines Arkansas 4-H Center. For more information call the Extension Office.*
- *Remember Arkansas County 4-H Camp Scholarships are available for those qualifying. The County 4-H Foundation will pay 75% of the expenses for one camp per year. Call the Extension Office for more information.*

May Due Dates:
26 Alumni Search Info to LRSO

June Due Dates:

- 1 Adventure & Challenge Camp I & II Registration
- 1 Cloverbud Camp Registration
- 1 Craft Camp Registration
- 1 4-H Food Plot Project Registration
- 1 National 4-H Congress Youth Fee (\$100) due, LRSO
- 1 District O-Rama County Registration
- 1 Junior Camp I & II Registration due
- 2 Teen Star/Hall of Fame Banquet Server Applications
- 2 Ross Photo Exhibit Entries to LRSO Communications
- 9 Registration for Beginner Coding Camp
- 19 4-H Shooting Sports / Range Events Registration

4-H WHEP and Wildlife Activities: The WHEP and Wildlife O-Rama region for 2017 is Mississippi Alluvial Plain. The additional region for Wildlife ID is Urban. Following is a list of upcoming wildlife program activities & events.

- June 1 – 4-H Food Plot Project registration deadline
- June 22 – 4-H Wildlife Delta O-Rama Competition, Forrest City
- July 26 – 4-H Wildlife O-Rama State Competition, Fayetteville
- November 3-5 – 4-H Forestry & Wildlife Camp, 4-H Center


Arkansas 4-H Camps offers

camping and training opportunities for 4-H

youth 5-19 years old and adults. For more information contact the Extension Office or visit our website at: <https://www.uaex.edu/4h-youth/activities-programs/camps/camp%20flyer%2017%20c.pdf>



Community Conservation Project
Remember to continue saving aluminum cans, cell phones, and printer cartridges so you can bring them to the Extension Office for recycling. This has been a great 4-H community conservation project! Proceeds go to the Arkansas County 4-H Council.



4-H LEADERS MEETING

A meeting of the Adult, Sr. and Jr. 4-H Councils was held at the Extension Office in DeWitt on May 1 with 8 leaders, 7 youth representing three clubs. Also attending were Grant Beckwith, CEA-SC, Phil Horton, CEA-Ag, and Alta Lockley, CEA-4-H/FCS.

The meeting was called to order by Cindy, President.

Autumn led the Pledge of Allegiance. Chloe led the 4-H Pledge.

The youth shared what they learned from the 4-H officers training.

A motion was made by Priscilla, seconded by Brandi to approve the February minutes as submitted. The motion carried.

The treasurer's report was given by Priscilla, Treasurer. A motion was made by Beth, seconded by Amanda to approve the report as read. The motion carried.

The program "Being a 4-H Volunteer" was presented by Alta Lockley.

There was no old business.

Under new business, Amanda discussed the Paper Clover event at Tractor Supply, May 6, 2017 at 9 a.m. Also, the DeWitt Animal Shelter Adoption Days will be at Tractor Supply. You can help walk the dogs and play with them. We can promote 4-H by asking customers to purchase a clover. There will be a wish list for the animal shelter that customers can purchase. 4-Hers can help deliver items back to the shelter.

District O'Rama was discussed by Alta. It is in Forrest City on June 22.

DeWitt City Park Fishing Derby is July 15. Alta said that the renovation was done and the lake was drained. The park will have a Fishing Derby for Game and Fish to restock the pond. Registration starts at 7 am and the event should be over after lunch. The group asked for the 4-H youth/leaders to volunteer to do a baitcasting event. The Derby event will raise money for new playground equipment for the park. Call Alta if your club would like to help with the Baitcasting.

Alta reported that the Rice Expo will be held on August 4. There will be a Rice Quiz Bowl event again this year. If your club would like to have a team call the extension office.

County reports:

Priscilla reported on the 4-H Banquet. "I am Arkansas County 4-H" was the theme. They prepared for 120 people. It went well.

Grant reported on the Poultry Chain. The chicks were passed out on April 14.

Connor reported on Method Demonstration that 7 kids participated.

Charles reported on the Rally Day. Sonic donated the hamburgers and the buns. There was a very good turn out this year.

Cindy reported that Will participated in the WHEP competition. He won 3rd place senior individual and will go to national competition in Rock Eagle, Georgia.

Will reported about the Camp Counselor Training that he attended. He made soap and played games to get ready for Jr. Camp.

Rob reported about STEM camp. He learned coding, played with the robot and made foam. He said it was a lot of fun.

Amanda reported about the poster contest. Lysie and Kaylie entered the contest.

Beth reported that Clover Kids 4-H club will host a County STEM workshop on Tuesday, June 6, from 10-12. Bring a sack lunch. There will be candy sink or float, Barbie bungee jumping and many more science activities. It will be held at the First Christian Church, 10th and Main, in Stuttgart.

Priscilla reported about the Easter Egg Hunt that was held on April 8 at the old football field. They filled 5,005 eggs and 277 prizes.

Alta reported that 4-H has a new campaign. Go to 4-H.org/raise-your-hand and sign up. It is a nationwide promotion of 4-H that is going on right now. The state that has the most hands raised wins a \$20,000, \$10,000 or \$5,000 reward.

Handouts included 4-H camps flyer, Volunteer 4-H flyer, Rice Expo postcard, and 4-H calendar events.

Priscilla moved to adjourn the meeting and Charles seconded the motion. Meeting adjourned by 6 p.m.

Submitted by: Heather Henry, Secretary



4-H CLUB NEWS

Clover Kids 4-H Club met May 15 with Connor presiding over the meeting. John Braeden led the pledges. Summer activities and District O’Rama were discussed. The club went to the ICCM Food Bank to help unload trucks. Connor gave a healthy eating demonstration. Katy led in a beach ball racing game and youth played with motion commotion cars. The club will host a STEM day on June 6 and invite all county 4-H members to participate. The next meeting will be June 19 at First Christian Church, 10th & Main, Stuttgart. Submitted by: Kameran, reporter

Spirit of ’76 4-H Club had a fun day at the DeWitt City Park on May 17 before taking a break for summer. The group enjoyed playing water relay games despite the extremely windy conditions. They also participated in a community service project with Kroger in observance of Earth Day by planting dogwood trees at the park. Members were reminded of the county and district activities planned for the summer.



Prairie Angels 4-H Club met on April at Faith Baptist Church with seven members and four leaders participating. Autumn, president called the meeting to order with Cole, secretary reading the minutes. Lysie and Chloe led the pledges and Daniel led a song. In old business: the club reported selling 101 Little Caesar pizza kits with Autumn & Daniel being top sales, the Easter Egg Hunt was a great success with over 200 prizes and 5,005 eggs hid, food was donated for the DeWitt Elementary School backpack program, donations were made to St. Jude’s trike-a-thon and the American Heart Association, and Prairie Angels 4-H Club was named Champion 4-H Club along with several 4-H club members receiving honors at the 4-H Banquet. New business included: Kaylie plans to participate in 4-H State WHEP contest. 4-H members will

volunteer at the Tractor Supply Company Paper Clover event at the Stuttgart location on May 6. Prairie Angels 4-H Club will purchase twenty-three paper clovers in honor of their 18 members and 5 leaders. Mrs. Carol Ann gave the program on “Signs and Symptoms of Stroke”. Following the meeting, 4-H members made a tulip paper craft.

RICE EXPO 2017



Every year in August, the Rice Research and Extension Center has a field day for producers to come and see the research being conducted. This year’s event will be held Friday, August 4 at the Grand Prairie Center in Stuttgart. Family activities and exhibits have been planned for children and parents. All Arkansas County 4-H members and leaders are encouraged to participate, make plans now to come and have a good time.

Arkansas 4-H Rice Quiz Bowl

The Arkansas 4-H Rice Quiz Bowl will take place at the 2017 Rice Expo on August 4. Each team will consist of four members from 9 to 19 years old. The contest will be limited to the first sixteen teams entered. For more information, contact the county Extension Office.

MISS ARKANSAS COUNTY RICE

Harley was crowned “2017 Miss Arkansas County Rice”. Her rice dish is “Farmer’s Pie”. Harley’s responsibilities are to promote the cookery and use of rice in the county. If you would like her to come to your club and present a program, please call the Extension Office at (870)946-3231 or (870)673-2346.

Look us up on Facebook at:

www.facebook.com/Arkansas4H.arkansas.

The Arkansas Cooperative Extension Service is an equal opportunity/equal access/affirmative action institution. If you require a reasonable accommodation to participate or need materials in another format, please contact your County Extension office as soon as possible. Dial 711 for Arkansas Relay.

Sincerely,

Grant Beckwith
County Extension Agent -
Interim Staff Chair

Phil Horton
County Extension Agent -
Agriculture

Alta Lockley
County Extension Agent -
4-H/Family & Consumer Sciences

