

4-H Notes & Quotes

Arkansas County 4-H Newsletter

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The Arkansas Cooperative Extension Service is an equal opportunity/equal access/affirmative action institution. If you require a reasonable accommodation to participate or need materials in another format, please contact your County Extension office as soon as possible. Dial 711 for Arkansas Relay.

Dear 4-H Families:

It's 4-H Record Book time and we look forward to seeing what you have been doing in 2021! With the rise in COVID cases, we are asked to limit face-to-face meetings. For now, stay safe and maintain good practices such as wearing masks, handwashing and social distancing. For more healthy life resources contact the Arkansas County Cooperative Extension Service or visit our website at: www.uaex.edu/COVID19.

Why have 4-H record books?

By recording your activities you can remember all the **fun** you've had so far, and set future goals! Keeping records of 4-H projects could help you when you apply for college scholarships too!



- 4-H Record Books give members an opportunity to **REFLECT** on their yearly work. They document their skill development and their learning experiences in a written report.
- 4-H Record Books encourage members to set goals, pursue strategies to meet those goals, and to shift gears in the face of challenges and obstacles.
- Completing a 4-H Record Book is a process where 4-H members record project and club work. Records management is a competency skill to identify, create, classify, archive, and preserve records.

Arkansas County has numerous awards available for those turning in a completed record book. These awards include attending the 4-H Achievement Banquet, jackets, t-shirts, pins, camp scholarships and other awards. For individual help in submitting a record book, please call the Extension Office. More information is available at the County Extension Office or on our website at: <https://4h.uaex.edu/youth/projects/default.aspx>. Record books are due in the County Extension Office on Tuesday, January 19, 2021.

Look us up on Facebook at:
www.facebook.com/Arkansas4H.arkansas

Community Conservation Project

Remember to continue saving aluminum cans, cell phones, and printer cartridges so, you can bring them to the Extension Office for recycling. This has been a great 4-H community conservation project! Proceeds go to the Arkansas County 4-H Council.



4-H is a **community** of **young people** across **America** who are learning **leadership, citizenship** and **life skills**.

Visit our website at: <https://www.uaex.edu/counties/arkansas>



4-H ENROLLMENT

It's time to re-enroll in 4-H! Visit <https://4h.uaex.edu> & click on the JOIN tab. For assistance in enrolling, call the Extension Office at (870)946-3231 or (870)673-2346. 4-H members who enroll by January 31 will receive special recognition. Also, the 4-H club with the most members re-enrolled by January 31 will receive special recognition.

4-H TRIVIA

4-H members (must be re-enrolled) who call or text (870-946-6160) by January 19 to answer "What is the 4-H Motto?" will receive a prize. (Don't forget to leave your name.)



ZOOM INTO 4-H MEETINGS



Some 4-H Leaders have asked about hosting a 4-H Meeting by Zoom. Here is a video link "Basic Zoom Tutorial" provided by the University of Maryland Extension: <https://www.youtube.com/watch?v=JdGepSawVVc&feature=youtu.be>

To participate in a Zoom meeting, all it takes is a computer or mobile device, an internet or data connection or phone. Explore your options below:
<https://division.uaex.edu/employees/public/information-technology/non-employee-zoom.aspx>
Please contact the Extension Office, if you have questions.

