True Colors® is a program utilized with all age groups. It is a simple model to help determine your personality type using colors. There are four color groups: Green, Blue, Orange and Gold. Your color group is determined by rating groups of values that are associated with different personalities. Once your color group is determined, various group activities are utilized to strengthen your abilities to communicate with other people by recognizing both your own personality and the personality of those around you. Each color group can be recognized by its motto. Green is “I’ll think about it...,” Blue is “I’m Here For You!,” Orange is “Where’s the action?,” and Gold is “Plan Ahead!.”

True Colors® is a copyrighted fee-based program. Contact any of the following certified facilitators at the LRSO for cost and program information.

Dr. Joe Waldrum, 501-671-2076  
Dr. Karen Ballard  501-671-2218  
Dr. Lisa Washburn  501-671-2099  
Bobby Hall  501-671-2284  

The Arkansas Cooperative Extension Service offers its program to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.