



Arkansas 4-H Report Form

*Before completing this form, please read ALL instructions.
Please type or print.*

Project _____ Year _____

State Initiative (check one)

- | | | |
|---|---|---|
| <input type="checkbox"/> Strengthening Families | <input type="checkbox"/> Encourage Individual Development | <input type="checkbox"/> Valuing Agriculture |
| <input type="checkbox"/> Protecting the Environment | <input type="checkbox"/> Enhancing Health & Well Being | <input type="checkbox"/> Animal Science |
| <input type="checkbox"/> Utilizing Science & Technology | <input type="checkbox"/> Extending Resources | <input type="checkbox"/> Plant & Soil Science |

Number of years enrolled in this project _____ Number of years enrolled in 4-H _____

Name _____

Name you want used in publicity _____ Sex: Male _____ Female _____

Home Address _____

Zip Code _____ County _____ Phone (____) _____

Date of Birth: Mm/dd/yyyy _____ Age as of January 1, this year: _____

Grade in school on January 1, this year _____ Year of high school graduation _____

The purpose of the following is only to gather statistics and determine compliance with Civil Rights Laws.

Ethnic Origin: _____ White _____ Black _____ Hispanic _____ Asian
_____ American Indian/Alaskan Native _____ Mixed

Name of your 4-H club or group _____

Name of parents or guardians _____

Statement by Member

I personally certify that this report accurately reflects my work:

Date _____ Signature of 4-H Member _____

Approval of Report

We have reviewed this report and believe it accurately reflects the work of the 4-H member:

Date _____ Signed _____
Parent/Guardian

Date _____ Signed _____
Local Volunteer 4-H Leader

Date _____ Signed _____
County Extension Agent

SECTION I. - PROJECT WORK

A. MAIN PROJECT GOALS

Using the state project objectives (refer to the Arkansas 4-H Projects and Objectives) for your project area as your guide. List your three top S.M.A.R.T goals. (Remember they should be Specific, Measurable, Attainable, Relevant, Timely)

- 1.
- 2.
- 3.

B. KNOWLEDGE GAINED THIS YEAR

List the top three things you learned from participating in this main project.

- 1.
- 2.
- 3.

C. MAIN PROJECT WORK OVERVIEW

Describe all the things you have done in your main 4-H project. Use numbers if you can. Judges will be looking for three basic things: amount of project work; variety of project work and quality of project work.

D. EDUCATIONAL EXPERIENCES IN YOUR MAIN 4-H PROJECT

This section is where you record activities you participated in and learned about your main project. List tours taken, talks or demonstrations seen or heard, individual instruction, exhibits, workshops, camps, competitions, consumer experiences (shopping), interviews made, websites visited, books and pamphlets read. Be sure to indicate level where educational experience took place (L=local; C=county; D=district; S=state, R=regional, N=national).

E. OVERVIEW OF OTHER 4-H PROJECT AND ACTIVITY EXPERIENCES

This page is to be used to report experiences in those projects and activities that are not reported on page 2. Report no more than three projects. Be sure to list the name of each project and then tell your activities. Use numbers if you can (# of animals, size of garden, etc.)

F. EDUCATIONAL EXPERIENCES IN OTHER 4-H PROJECTS AND ACTIVITIES

This section is where you record activities you participated in and learned about your other project. List tours taken, talks or demonstrations seen or heard, individual instruction, exhibits, workshops, camps, competitions, consumer experiences (shopping), interviews made, websites visited, books and pamphlets read. Be sure to indicate level where educational experience took place (L=local; C=county; D=district; S=state, R=regional, N=national). List the name of each project and then the activities for that project.

SECTION II – LEADERSHIP

A. 4-H LEADERSHIP EXPERIENCES

List your 4-H leadership experiences. Remember leadership is: planning, leading, teaching, conducting, organizing, coordination, directing, demonstrating, talks and demonstrations, etc. **Do not repeat any information listed on any other page.** Be sure to indicate level (L=local; C=county; D=district; S=State, R=regional, N=national). Place * beside leadership experiences that relate to your main project.

| <u>Year</u> | <u>Level</u> | <u>Kind of activity/What did you do</u> | <u># people reached</u> |
|-------------|--------------|---|-------------------------|
|-------------|--------------|---|-------------------------|

4-H LEADERSHIP CONTINUED

| <u>Year</u> | <u>Level</u> | <u>Kind of activity/What did you do</u> | <u># people reached</u> |
|-------------|--------------|---|-------------------------|
|-------------|--------------|---|-------------------------|

B. 4-H ELECTED/APPOINTED LEADERSHIP

List 4-H Offices you have held and committees served on. Give your specific responsibility. Indicate level (L=local; C=county; D=district; S=state)

| <u>Year</u> | <u>Level</u> | <u>Office or Committee</u> | <u>Responsibility</u> |
|-------------|--------------|----------------------------|-----------------------|
|-------------|--------------|----------------------------|-----------------------|

SECTION III - COMMUNITY SERVICE

A. 4-H COMMUNITY SERVICE

List by year those activities you have done which have helped someone else.

| <u>Year</u> | <u>What did you do</u> | <u>Number of hours or Items contributed</u> |
|-------------|------------------------|---|
|-------------|------------------------|---|

COMMUNITY SERVICE CONTINUED

Year What did you do Number of hours or Items contributed

SECTION IV - AWARDS AND 4-H PROMOTION

A. 4-H AWARDS

List awards received in 4-H.

Year Level Type of Award For what received

B. 4-H PROMOTION/MARKETING

List 4-H promotional activities. Do not report activities listed on any other page.

| Year | Level | What You Did |
|------|-------|--------------|
|------|-------|--------------|

SECTION V – 4-H IMPACT

In 100 words or less describe what difference 4-H has made in your life.