

Nothing is as powerful or rewarding as watching a child light up when he or she masters a skill or reaches a goal. In 4-H, the volunteers who donate their time to put smiles on the faces of our youth are inspiring the next generation — and you can be a part of it!



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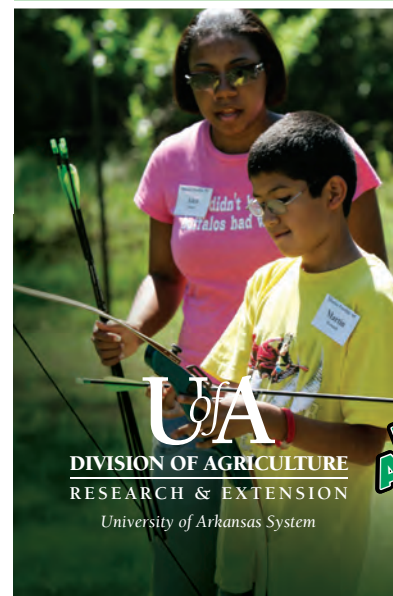
**www.kidsarus.org
or uaex.edu**

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**They
are
Arkansas
4-H**

**... and you
can make a
difference.**



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Exactly what is 4-H anyway?

In Arkansas, 4-H takes many forms. Some are community clubs and project groups, while others are in-school and afterschool programs. Arkansas 4-H is urban, rural and suburban. The faces of 4-H members are as diverse as the activities in which they take part. Hundreds of programs engage the minds and hands of our most promising young people. Best of all, participation in 4-H is free and its programs are available in each of our 75 counties, reaching more than 134,000 Arkansas youth.

We want you to be a part of it!



Share Your Interests.

We want your expertise! 4-H project areas are varied and diverse. Some of the exciting programs 4-H kids are experiencing first hand include:

- Robotics
- Livestock & poultry
- Gardening
- Leadership
- Shooting sports
- Food & nutrition
- Public speaking
- Photography
- Community service
- Health
- Citizenship
- And so much more

Join With Your Kids.

Spend time with your family as they learn skills for life, help others in their community and travel to new places. Oh, and sometimes they even make new friends and have fun along the way!



A Perfect Fit. Choose your level of involvement based on your skills and time available. The wide variety of flexible volunteer opportunities include:

- Managing a club
- Leading an activity or project group
- Acting as a resource person
- Judging a competition

Want to learn more? Contact your county extension office!