**Challenge Your Team**

**ExCEL** takes your employees out of their offices, cubicles, and conference rooms into the outdoors and challenges them to work together more efficiently and effectively. Our initiatives simulate the challenges faced in the workplace, allowing participants to better recognize and overcome obstacles they encounter. Activities encourage many different aspects of leadership and teamwork, such as goal setting, creative problem solving, team trust, communication, and individual responsibility. We will customize our tools for your group to maximize the results, based on their needs. All your group needs is a positive attitude, comfortable outdoor clothing, and an open mind.
“Everyone thoroughly enjoyed their time and I think it really helped us to strengthen as a team. We were very much impressed with the professionalism of your program.”

— Andy Halfhill, Heifer International
Your Choice

**ExCEL** programs are available for single, multiple, or half day sessions, with challenge course options to meet your organization’s needs. We use dynamic outdoor activities to translate leadership skills into real-life situations. You don’t need to be an athlete or thrill seeker to take part in ExCEL; we can tailor the program to accommodate different physical needs by using low-impact or modified activities.

Since 1986, we have trained more than 60,000 participants. We work with businesses from many industries and with people of all ages. Our impact on participants has resulted in our being voted *Best Team-Building Center* by Arkansas Business readers.
“A sense of camaraderie grew with our group as we experienced the course and encouraged each other to the very end. I would recommend the entire program to any group.”

— Laura Shue, Leadership of Greater Little Rock
**ExCEL** is located at the C. A. Vines Arkansas 4-H Center, nestled in the foothills of the Ouachita Mountains just 10 miles west of Little Rock. It includes a full-service conference center with hotel style lodging, full meal service, and conference rooms designed to meet all your needs.

In 2003, the Donald W. Reynolds Continuing Education Wing was dedicated. It includes a 500-seat auditorium, a computer lab and three additional conference rooms. The wing is wireless, with each conference room having the latest technology.
“It was a fantastic day and, as I'd hoped, really was the lynchpin in drawing the group closer together. There was more natural chemistry than I'd known there would be.”

— Angie Stahl, Acxiom Corp.
Contact us to schedule an ExCEL training for your team or to get additional information.

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Check us out on the Web:
www.arkansas4hcenter.org/EXCEL

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