Dear Teacher or Chaperone,

Thank you for volunteering to supervise the youth on the upcoming field trip to the Arkansas 4-H Center Arkansas Outdoor School (AOS) program.

This may be your first trip to our programs or your tenth; either way there are a few basic guidelines to follow to make this trip a success for you and your students.

- Wear appropriate clothing and be prepared to be outside
- Wear appropriate footwear for walking and hiking
- Stay with your assigned group at all times
- Have fun! This is your field trip too!

Sometimes it is hard to know how to support your students and the instructors during the activity sessions. Below are two lists: one of examples of positive behavior exhibited by chaperones, and one of negative behaviors exhibited by chaperones. Let’s shoot for the positives.

**Examples of positive behavior:**
- Encouraging students to participate in provided activities
- Modeling enthusiasm for the program
- Enforcing non-interruptive discipline when necessary
- Participating in activities (without showing off)
- Assisting instructors when you see an opportunity

**Examples of negative behavior:**
- Talking on your cell phone during educational sessions
- Pressuring your students to climb higher on the rock wall
- Leaving your group to get refreshments
- Answering all the questions from the instructors
- Distracting the students during instructions

A successful field trip experience relies on positive role modeling and supervision by dedicated chaperones. Let’s work together to make this a positive experience for everyone.

Sincerely,

Eric De Vries
AOS Coordinator
C. A. Vines Arkansas 4-H Center