



# CITIZENSHIP

In this project youth will....

- Get involved in their communities
- Learn about the democratic processes
- Perform services for others
- Learn how to make a positive difference in their community
- Develop life skills that are essential for an individual to become an active, responsible citizen

Beginner	Intermediate	Advanced
Get to know club members and their interests	Learn the history of your town	Learn Parliamentary Procedure
Lead the Pledge of Allegiance & 4-H Pledge	Give a talk on a citizenship related topic	ID an issue in your community & take action
Learn the duties of club officers	Coordinate a service project	Teach your club about city, county, & state government.
Participate in a service project	Be a leader in your club	Attend Citizenship Washington Focus
Tour the state Capitol	Learn the duties of city, county, and state elected officials	

**4-H:**  
*Making the Best Better*

**Head:**

To think, to plan, and to reason:

- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

**Heart:**

To be kind, true, and sympathetic:

- Feeling
- Caring
- Sportsmanship
- Responsibility

**Hands:**

To be useful, helpful, and skillful:

- Working
- Community Service
- Giving
- Teamwork

**Health:**

To resist disease, enjoy life, and to make for efficiency:

- Personal Safety
- Self-esteem
- Character
- Responsibility



**DIVISION OF AGRICULTURE**  
**RESEARCH & EXTENSION**

University of Arkansas System

*Experience • Share • Generalize • Apply*

# Expand Your Experiences!

## Healthy Living

- Coordinate a walk-a-thon or 5K benefitting a local charity
- Conduct a scavenger hunt to collect healthy snacks for a women's shelter, backpack for kids, afterschool program etc.

## Science, Engineering, and Technology

- Design & build a community garden
- Record Public Service Announcements thanking elected officials

## Citizenship

- Coordinate a Government Appreciation Day
- Give a talk at a club meeting

## Leadership

- Share with your Quorum Court details of a community service project
- Apply to be a page in the state legislature
- Attend National 4-H Conference

## Resources

National 4-H Curriculum

U of A Cooperative Extension Service publications

[www.4-H.org](http://www.4-H.org)

[www.uaex.edu/4-h youth](http://www.uaex.edu/4-h-youth)



## Opportunities

Citizenship Washington Focus Tour

Teen Leader Conference

District & State O-Ramas

Job shadow a public official

Participate in 4-H County Council, local workshops, activities & events

## Curriculum

4-H Citizenship: Government is Us!

Arkansas History & Government

National History & Government

Citizenship Adventure Kit

Agents of Change

Raise Your Voice

## 4-H Record Book

4-H Record books give members an opportunity to record events and reflect on their experiences. Members document their personal experiences, learning and development.

