

# WASHINGTON COUNTY 4-H COOKBOOK \$15



**This limited-edition cookbook is made up of recipes submitted by 4-H alumni, members, and families in our county. A portion of the proceeds goes to the County 4-H Foundation and to participating clubs. Checks need payable to the "4-H Foundation".**

(Please submit payment with your order.)

Name of person ordering \_\_\_\_\_ Phone number \_\_\_\_\_

Quantity \_\_\_\_\_ Total amount due \_\_\_\_\_ Payment method: \_\_\_\_\_

4-H Club to receive proceeds (list one club per order) \_\_\_\_\_

(If applicable) Name of 4-H member selling the cookbook: \_\_\_\_\_

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## 2012 Arkansas Beef Ambassador Competition

**NEWS  
FLASH!**

This program is sponsored by the Arkansas Cattle Women's Association (in cooperation with the Arkansas Beef Council). Any Arkansas youth between the ages of 9 and 20 is eligible to enter.

There are three age divisions: Youth – ages 9-12, Junior – ages 13-16, and Senior – 17-20.

Monetary awards are given in each division, and a \$1,500 scholarship is awarded to the first place winner of the Senior Division. There is no limit to the number of entries a county may send to the state competition. Entries are due November 7, 2011 and the competition is Saturday, November 19. For contest rules and more information, contact the extension office.

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## 2012 To provide documentation for the Washington County 4-H Policies and Guidelines:

Name of 4-H Member: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Effective October 1, 2010 A county 4-H member (as an individual or part of a team) must participate in three or more county activities to be eligible to represent Washington County 4-H at a higher than county event (excluding fairs). Eligible county activities include but are not limited to Demonstration Day, Activity Day, O-Rama Make-Up Day, Arbor Day, Broiler BBQ, county fair, county camps, and county 4-H workshops. Activities in the two most recent years will count toward the three required activities.

Name of 4-H county activity and the year of the activity – to meet above described eligibility guidelines:

- 1) \_\_\_\_\_ 2) \_\_\_\_\_
- 3) \_\_\_\_\_ \_\_\_\_\_