

BODY WALK



◀ Body Walk visited St. Francis County May 1st and 2nd. Pictured is the crew that worked long and hard to set up the exhibit in the Forrest City Junior High School gym.

▶ Angela Wilburn from Hometown Health prepares a group of students before they enter Body Walk.



◀ As you look in one ear, you can see a group of students as they listen intently to the presenters while talking about the brain and its functions.



► **Hardy the Heart** is introduced to the students by one of the presenters.



◄ After exploring the body, one of the volunteers leads the children in exercise, stressing the importance of vigorous exercise on a daily basis.

► Students look and listen as the presenters present the MyPyramid* in detail, describing the 5 food groups and how to have a healthier you.



*http://www.arfamilies.org/health_nutrition/nutrition/kids/

Visit the **BODYWALK** website at <http://www.uofabodywalk.org/>